

Draft minute of the **Health and Social Care Special Interest Group** held at 10.30am on Wednesday 3 April 2019 in the Board Room, Voluntary Action Orkney, Anchor Buildings, Kirkwall.



**Present:** Andy Spence-Jones (Chair / Advocacy Orkney), Rosalind Aitken (VAO), Rosie Alexander (VAO), Gary Amos (VAO), Gail Anderson (VAO/ representative IJB Board), Renate Andrews (RSO), Phyllis Braby (Orkney Heart Support Group), Mona Budge (Orkney Versus Arthritis), Paula Campbell (Access Panel Orkney), Erika Copland (HomeStart), Magda MacDonald (Community Wellbeing Co-ordinator for Sanday), Danielle Moodie (Women's Aid Orkney), Imogen Sawyer (Sanday Development Trust) Sandra Towrie (IJB Carer representative / Sanday Development Trust), Karen Williams (Vital Talk).

**In attendance:** Cecily Cromby (minutes), Elaine Torrance (National Development Team for Inclusion), Maureen Swannie (OHAC), Shaun Hourtson-Wells (OHAC), Judy Sinclair (NHS Orkney).

## 1 Welcome

Andy welcomed those present and thanked them for attending.

## 2 Apologies

Apologies had been received from Hilary Allen (CAB), June Anderson (RSO), Fraser Devine (Care and Repair), Linsey Drever (VAO), Diane Foubister (Age Scotland Orkney), Caron Jenkins (Versus Arthritis/ representative IJB Strategic Planning Group), Gillian Skuse (Age Scotland Orkney), Patricia Urquhart (Samaritans).

## 3 Notes of previous meeting held on 18 January 2019

The notes were approved.

## 4 Matters Arising not on the agenda

**Item 4 - We need to talk about integration – anthology** – Gary advised that the action to discuss the risks involved with not effectively managing the integration process had not yet taken place due to cancelled and rescheduled meetings of the Strategic Planning Group. This would be carried forward.

**Action: Gary**

**Item 11 – Orkney Heart Support Group** – Cecily advised that a new article from the Orkney Heart Support Group had been received and included in the VAO newsletter. Phyllis noted that people had contacted the group as a result of the article.

## 7 Community Led Support Team

Elaine Torrance thanked members for the opportunity to discuss the Community Led Support programme. A leaflet providing an overview of the programme was circulated.

Elaine explained that she and colleagues were visiting Orkney to ascertain what was happening in the county already and to identify priorities for the start of the programme. She noted that 25 UK sites (including 9 in Scotland) were involved in the programme which started 18 months ago, and that Scottish Government had made £200,000 over two years available for the programme. Elaine informed members that a summary report, available on the NTDI website, showed positive findings from areas underway with the programme: the public feel that they are getting appointments with professionals earlier; and staff were positive about the reduction in bureaucracy and more effective use of resources.

Elaine explained that the programme was designed to build on existing practice and enable statutory and third sector organisations and services to work more effectively with communities to reduce the burden on services such as social work. They would do this by establishing 'hubs' where people could attend a face-to-face meeting to find out about local services that could be of benefit for them. The hubs could be staffed by professionals from social work, NHS, third sector organisations and volunteers. Referrals to appropriate agencies would then be made. Elaine suggested that people may feel less daunted when attending a 'hub' rather than a meeting at social work and advised that the aim in the Scottish Borders region had been to get 60% of people through the hub rather than the traditional social work route.

Elaine advised that the initiative did not come with a fixed programme, but a set of principles to follow (outlined in leaflet). The principles were discussed and Elaine noted the following points. The importance of community engagement, and the need to acknowledge and fit with existing engagement channels and events. The difference between communities, which would be particularly relevant for island versus mainland communities. That 'conversation training' would be provided to those working/volunteering within the programme to ensure that everyone followed the same positive conversational approach. That a comprehensive search engine of services be available to the public and professionals. That feedback would be collected to ensure that the programme achieved good outcomes.

No money was available to create new roles but investments would be made in existing roles. Elaine noted that staff from social work, the Red Cross and volunteers were used to staff the hubs in the Borders region. She advised that work could happen outside of the hubs, for example in hospitals.

Members discussed the difficulty of implementing the programme with little or no funding. Elaine advised that the NTDI would provide free training and the hope was that once the effectiveness of the approach was evidenced, people and organisations would want to get involved.

The aim of reducing bureaucracy was discussed and Elaine advised that paperwork should be looked at alongside the conversation training. She noted that there had been much work done in other areas that could be drawn on.

Maureen noted that a decision had not been made as to the location of the first hub or who would staff it. The first stage would be to see who wanted to be involved. It was noted that a building which already had people through the door would be a useful venue – in other areas churches and community centres were used.

Engagement events would be held during May. These would be held across Orkney and at a variety of times. Elaine noted that they would not be able to cover all outer isles.

The commitment of the IJB was discussed and Elaine noted that they were very positive about the programme and principles. Maureen advised that she had received feedback from three elected members following the meeting with the IJB to say that they were committed to the programme.

The possibility of unwittingly creating a two-tier system was discussed, with the hub allowing people to fast track waiting lists. Elaine noted that this had been a concern in Fife and that the programme could be used as a catalyst to look at the problem of waiting times across all services.

Members discussed the possibility of a larger number of referrals to small third sector organisations in Orkney who were already under pressure. The effects of this would potentially be different in a small community like Orkney compared to larger areas. Elaine advised that this would be a learning process for all and noted they may find that there is a certain size of community where the hub model did not work. Maureen advised that OHAC were taking the approach that it was OK if the model did not work in Orkney, and if that were the case other options would be considered.

Members discussed the possibility of duplication and it was suggested that the hubs could concentrate on specific themes on certain dates – ie self-directed support.

Gail advised that VAO would circulate the dates of engagement events when available.

## **5 ACE's Collective (verbal report)**

Erika advised that the group had delivered a workshop at the Growing up in Orkney Conference that had received positive feedback.

The group would continue to be known as Orkney ACE's Hub to fit in with other groups across Scotland. The tag line would be: Fostering a Compassionate Orkney. Erika advised that by working across sectors collaboratively the group aimed to:

- Raise awareness throughout the community of the impact of adverse experiences in childhood
- Enable the community to be more trauma aware
- Explore opportunities to source funding

Erika noted that Simon Tarry (NHS Orkney) was conducting a scoping exercise and encouraged members to return the questionnaire if they had not yet done so. The responses would be used to tailor information and training for Orkney. Erika advised that the group would act as a hub for information about training and would disseminate the information through their Facebook page and other links such as VAO. They would arrange regular screenings of documentaries and Erika noted that there would be a screening at this year's Homestart AGM.

## **6 Integration Joint Board meeting 27 March (verbal update)**

Gail had been unable to attend the meeting, but provided the following update.

The draft strategic plan was being amended before circulation for consultation. Gail advised that it was important for services and service users to comment on the plan.

Gail noted that she had been working with Lynda Bradford at OHAC to submit a funding application to enable Orkney to become a Tech Led Care Pathfinder.

Members discussed that they had not yet heard from the IJB about funding for 2019/20. Gail advised that she had emailed Sally Shaw to ask about funding. Andy requested that members be copied in to future emails so they would be aware that the questions had been asked.

Andy encouraged members to listen to the IJB meetings on the website. Gail noted the difficulty for third sector reps to read the 20 plus papers before the meetings, especially given that the papers were generally circulated less than a week before the meeting.

Members discussed how much the third sector would be able to contribute to the Community Led Support Hubs (see item 7). It was noted that the programme seemed to be designed to free up social work and their bureaucracy, but that pressures were the same for all statutory and third sector organisations. Members discussed that there were practical issues that needed resolving and that the third sector needed to be involved in all discussions about the programme – third sector representatives to the IJB had not been invited to the meeting between the NDTI and IJB held on 2 April. The effect of the programme on third sector referrals in other areas should be ascertained. Gail advised that she would contact Maureen Swannie for statistics.

**Action: Gail**

Members discussed the benefits of working with the Community Led Support programme but noted the need to be aware of and raise possible dangers.

## **8 Attached for information:**

### **1. Public Health Reform (presentation)**

### **2. Physical Activity and Sports Strategy**

### **3. Orkney Draft Diet Health Weight Delivery Plan (for comments)**

Although the date for comments had passed, members were still able to email Hannah Casey (Public Health) to contribute.

### **4. Cyber Security Small Charity Guide 2**

### **5. A Guide to Scots Law**

## **9 AOCB**

**Online Platform** – Gary advised that the online platform was up and running and that meeting papers would be available to view there.

**Group Chair** – Gail thanked Andy for chairing the meetings. It was noted that Frazer Campbell would be the next chair, followed by Caron Jenkins.

**10 Date of next meeting:**

All meetings will be held at 10.30 in the McGillivray Room, Orkney Library and Archive.

Friday 17 May 2019

Friday 19 July 2019

Friday 20 September 2019

Friday 15 November 2019