

Minute of the **Health and Social Care Special Interest Group** held at 10.30am on Friday 18 January 2019 in the McGillivray Room, Orkney Library and Archive, Kirkwall



Present: Andy Spence-Jones (Chair / Advocacy Orkney), Rosalind Aitken (VAO), Gary Amos (VAO), Gail Anderson (VAO/representative IJB Board), June Anderson (RSO), Phyllis Braby (Orkney Heart Support Group), Frazer Campbell (Orkney Blide Trust), Paula Campbell (Access Panel Orkney), Erika Copland (HomeStart), Linsey Drever (VAO), Gill Learmonth (YPeople), Sandra Towrie (IJB Carer representative / Sanday Development Trust), Patricia Urquhart (Samaritans), Michelle Ward (Women's Aid Orkney), Karen Williams (Vital Talk).

In attendance: Cecily Cromby (minutes)

1 Welcome

Frazer welcomed those present and thanked them for attending.

2 Apologies

Apologies had been received from Hilary Allen (CAB), Mona Budge (Versus Arthritis), Munwar Hussain (Cruse Bereavement Care), Caron Jenkins (Versus Arthritis/representative IJB Strategic Planning Group), Michael Mahoney (Orkney Diabetes Group), Peter Rickard (THAW), Gillian Skuse (Age Scotland Orkney), Catherine Tullock (OACAS).

3 Notes of previous meeting held on 16 November 2018

The notes were approved. Proposed by Phyllis and seconded by Gary.

4 Matters Arising not on the agenda

9a. We need to talk about integration – anthology – Gary advised that there had not yet been a meeting of the Strategic Planning Group and that the action to discuss the risks involved with not effectively managing the integration process would be taken forward to the next meeting.

Action: Gary

5 All Together Now event (papers attached for information)

Members discussed the event's success and noted the excellent presentations from third sector organisations. June advised that the discussions during the afternoon session would help shape the new local strategic plan and thanked Hannah Stanger from RSO for her work in organising the event.

6 ACE's Collective (verbal report)

Erika reported that the group had met on 17 January and discussed the key aims and objectives of the group. She advised that a workshop would be held at the Growing up

in Orkney 3 Conference in February (at which Erika and Kevin Denvir would be presenting). Erika informed members that the name of the group would likely change in the near future.

7 Transforming Psychological Trauma Framework: Executive Summary (attached for information)

Erika encouraged members to read the document.

8 Service Pressures and Emerging Priorities (summary attached for discussion):

Gail advised that the identified themes had been reported to the Strategic Planning Group. The common themes included: increasing demand; funding; capacity; staff and volunteer recruitment and retention; training access and cost; accessibility of services in the isles.

Rosalind outlined the Enhancing Wellbeing in our Islands Project which VAO are coordinating. The project aims to support Development Trusts – on Hoy, Rousay, Egilsay and Wyre, Sanday, Shapinsay and Stronsay - to help these communities to access activities and services designed to enhance health and wellbeing. She advised that recruitment for local coordinators was underway. June discussed the benefits that a local contact on isles would bring to organisations like RSO. Rosalind advised that she would be contacting local services to discuss their needs. She noted that sustainability would be key to the project, to enable contacts to remain despite personnel changes.

Paula informed members that the Tesco Bags of Help scheme was available to all non-profit local organisations. Erika noted that the scheme was good for awareness raising alongside fundraising and that the co-op ran a similar scheme. Bag packing and collection tables at Tesco were also available to local groups.

Members discussed challenges and barriers in funding. Sandra noted that organisations often could not go back to the same funder unless the project had changed – this was a barrier to the continuation of successful projects. June noted that funders favour different projects, and that individual funders can change their focus over time. Gail noted that Orkney did not benefit from large commercial organisations able to fund local projects. The need for clarity regarding commissioning was discussed.

Members discussed that the exercise of identifying service pressures and priorities had been useful. Gail encouraged organisations to complete the exercise if they had not yet done so.

9 Integration Joint Board:

9.1 Board Meeting 3 October 2018 (minutes attached); 28 November 2018 (verbal update)

Andy noted that p7 of the minutes of 3 October meeting discussed services seeking assistance from third sector colleagues to help reduce pressure. Members agreed that statutory services need to recognise the constraints of third sector services. June explained that volunteers are not 'free' to the organisations and that costs are involved

in training, regulating and managing volunteers. Members discussed time constraints of volunteers, particularly relating to training, and volunteer exhaustion.

Members discussed the controversial £53,000 provision for administrative support to the Community Mental Health team.

Members discussed the need for statutory services to be responsive and adapt to change.

There was nothing significant to report from the meeting of 28 November 2018.

9.2 Strategic Commissioning Group meeting 20 November (draft minutes attached)

Gary reported that the January meeting had been cancelled and that there was still a degree of inertia regarding the group. Gail advised that there was quite a lot happening behind the scenes but that this was not being communicated widely. Andy noted that it was good to see the work on service priorities and pressures discussed at the meeting.

9.3 New initiatives (verbal report)

Tech Enabled Care: Gail reported that this was an initiative to support care in the community and could involve the use of technology in a number of areas – for example befriending or care homes. Gail advised that she would attend a meeting of the group soon.

Community Led Support: Gail advised that she would attend a meeting in February to look at the establishment of local hubs to deliver care. Maureen Swannie would lead on the project which would be supported by a national body.

Link Workers: Gail informed members that VAO had been asked to take the lead in establishing link workers (two part time workers) attached to GP surgeries to work with patients who need additional non-medical support. The posts would be funded by Scottish Government (not out of existing funds) and would focus on the most disadvantaged patients. Members noted the danger of such posts raising expectations if not permanent.

10 Attached for information: Health and Social Care Integration Update November 2018, Audit Scotland

Andy noted that the document was useful and pointed members to the summary on p23 of what needs to be in place to support integration.

Members discussed issues such as departments/services protecting their own workforce and that managers were required to take responsibility for services that they did not necessarily have experience in. Issues such as branding and separate OIC/NHS emails were noted.

11 AOCB

Orkney Heart Support Group – Phyllis noted her disappointment that the December VAO newsletter did not contain the usual details of groups in the Blue Door, of which the Orkney Heart Support Group were one. Cecily apologised and explained that despite several attempts, she had been unable to obtain the information for January.

Phyllis also expressed disappointment that an article she supplied to VAO for inclusion in the newsletter had not been published. Cecily advised that she had not received information from Orkney Heart Support Group but would look into the matter.

Action: Cecily

Eden Project Big Lunch – Linsey informed members that the Eden Project would be in Orkney in February to hold a workshop on their ‘Big Lunch’ project. VAO’s Adult Befriending Project and HomeStart would be promoting the project aimed at creating stronger cohesive communities. Linsey advised that project packs were available from the Eden Project. Members discussed the importance of local lunch groups.

TSF online platform – Gary advised that the platform was now up and running and encouraged members to use it.

Free sanitary products – Gail and Gill noted that there had been a delay in the provision of free sanitary products to local organisations. Gail advised that she would contact organisations when more information was available. Paula advised that she could help distribute products through her role as Tesco Community Champion.

Samaritans – Patricia informed members that the Samaritans had arranged for Lee Craigie (sports person and psychologist) to visit KGS and Stromness Academy in March to talk to pupils about mental wellbeing.

Health and Social Care Group Chair – Andy agreed to chair the meeting in March. Frazer will chair the May and July meetings.

11 Date of next meeting:

All meetings will be held at 10.30 in the McGillivray Room, Orkney Library and Archive.

Friday 15 March 2019

Friday 17 May 2019

Friday 19 July 2019

Friday 20 September 2019

Friday 15 November 2019