

Newsletter September 2017

Local Third Sector News

Home-Start Orkney and Bookbug recognised in Scottish Book Trust's Annual Report

Joint work between Home-Start Orkney and Bookbug has been recognised in the Scottish Book Trust's recent [Annual Review](#) as a case study and example of good practice. Erika Copland, Senior Co-ordinator at Home-Start Orkney, told us 'We are really chuffed with this joint venture, as many of our supported families wouldn't otherwise have the opportunity to attend the Bookbug programme. For some it has given them the confidence to go to the mainstream sessions, and for others, it has encouraged them to build confidence in singing, reading and interacting with their child.'



Orkney Youth Awards 2017

The annual Orkney Youth Awards will take place on Tuesday 7 November 2017 at the King Street Halls, Kirkwall and we are looking for your support to make it another night to remember.

The Youth Workers Forum come together to celebrate young folks' achievements in the community through their participation in various awards including Youth Achievement, Duke of Edinburgh and the Saltire Awards.

We are looking for your support to ensure that young people across Orkney are recognised for their achievements – three ways in which you could help are:



1. If you are working directly with young people (aged 12-25) that are working towards ANY Youth Award please support and encourage them to complete the award/ fill out time sheets so as they can receive their award on the night. Please fill out the [nomination form](#) before Wednesday 4 October 2017 to register interest.



2. We are seeking [nominations](#) for the Summit Award which is for an outstanding contribution to volunteering in the community. The deadline for nominations is 5pm on Wednesday 4 October 2017.

3. Spread the word.

If you have any questions about the Youth Awards or how to nominate a young person for a Summit Award please do not hesitate to get in touch with [Brian Cromarty](#), [Laura Leonard](#) or [Cheryl Rafferty](#).

Thanks in advance for your support and we look forward to hearing from you.

Help to reduce fuel poverty

Funded by the Scottish Government and managed by the Energy Saving Trust, [Home Energy Scotland](#) (part of Greener Scotland) is a network of five regional advice centres which cover the whole of Scotland and provides free and impartial advice to help all callers reduce their energy bills and make their homes cheaper to heat. Home Energy Scotland also offer a home visiting service for their most vulnerable customers.

Part of their approach is to help vulnerable people make their homes warmer and more comfortable by referring them to the Scottish Government's Home Energy Efficiency Programmes for Scotland. Callers can benefit from a range of energy saving measures through these schemes, subject to eligibility.

Warmer Homes Scotland can offer assistance to homeowners and private sector tenants struggling to heat their home, who have lived in their property for at least twelve months, and who meet the qualifying criteria. Since Warmer Homes Scotland was launched, 8 out of 10 who have qualified have received completely free energy efficiency measures, most of whom received measures valued at over £4,000

Local third sector and statutory organisations are now able to directly refer clients to Home Energy Scotland for energy saving advice using a secure [online portal](#). The portal also allows the referring organisation to view follow-up advice and support provided by Home Energy Scotland and partner agencies.

If you think your clients could benefit from energy saving advice and support and are interested in using the referral portal, please contact [Home Energy Scotland](#) or your local Home Energy Scotland adviser [Michael Cromby](#) for more information.



Who's behind the Blue Door?



Gogo Olive Trust

2 - 7 October

Holm Football Club

9 – 14 October

Friends of the Neuro Ward

16 – 21 October

Firth Playgroup

23 – 28 October

Orkney Drugs Dog

30 October – 4 November

Also in the news

TFN Guide to Running A Charity or Social Enterprise 2017

This month Third Force News published their 2017 Guide to Running a Charity or Social Enterprise. The online magazine is packed full of useful information and well worth a read. Click [here](#) for your copy. If you would like a hard copy please contact enquiries@vaorkney.org.uk or call 01856 872897.



Programme for Government launched

This month Scottish Government launched their Programme for Scotland 2017-18. Their plan for the year ahead contains much that will interest local third sector organisations and groups. The Programme for Government includes 16 new Bills covering areas as diverse as community involvement in the Education Bill, tackling fuel poverty through a Warm Homes Bill; and a Climate Change Bill that will include aspects of sustainable economic growth.

The programme recognises that stability of funding for third sector organisations is an issue and they will seek to provide three-year funding where possible.



Reinvigorating volunteering is also mentioned, with a commitment to doing more to tackle the barriers to volunteering for specific groups of people, including a commitment to further explore improving young people's volunteering.

The Fairer Scotland section outlines approaches to empowering communities with a firm set of rights and providing communities with the ability use their own assets, skills and networks. This include approaches such as tackling child poverty, supply of affordable homes and exploring Universal Basic Income.

The plan also includes a commitment to delivering local decision making, not on behalf of a community but by a community itself and supporting community organisations through a series of specific funds: Empowering Communities Fund; Climate Challenge Fund; Community Choices Fund; further supporting participatory budgeting and exploring employee owned businesses in social care. You can read the full document [here](#).

Legislation & Guidance

Adult Support and Protection

OIC's Adult Services, have produced a [presentation](#) which explains the process that is to be taken when someone has concerns about a fellow adult community member, and any subsequent official investigation or action should this be deemed necessary.

Please contact the Adult Services Duty Social Worker on 873535 for further information.

Information Commissioner's Office Blog

In the run up to the introduction of the General Data Protection Regulation, which will come into effect on 25 May 2018 to replace the current Data Protection Act, you may want to visit the [Information Commissioner's Office Blog](#). The Blog is a useful source of information on what will be the biggest overhaul of data protection legislation for over 25 years, and aims to bust many of the myths surrounding the new regulations.



'A glass half-full': An Asset-Based Approach to Community Wellbeing

The Local Government Association have published a report which offers a fresh perspective on how to reduce inequalities in community health and wellbeing. It proposes assessing and building on the strengths and resources in a community to increase resilience and social capital, and develop better ways of delivering health outcomes. You can read the report [here](#).

Funding & Finance

Thriving not just surviving young men and mental health

Comic Relief has launched a £1.75 million fund to support vulnerable and disadvantaged young men with mental health problems. They are seeking proposals to deliver specialised mental health provision which puts the needs of young men at the heart of their work.

They expect to make approximately 20 grants of around £100,000-£150,000 across the UK. The closing date for applications is 13 October 2017. Click [here](#) for more information.

Launch of Tycoon in Schools Competition

[Tycoon in Schools](#) was set up in 2012 by businessman, entrepreneur and television personality, Peter Jones CBE, and is designed to encourage school-age youngsters from across the country to start their own business. The intention is to inspire pupils to pitch business plans to their tutors, in the hope of receiving seed funding.

Now in its sixth year, the competition is encouraging more children to take part and has been extended to primary as well as secondary students and to all countries of the UK. If successful in their bids, students will have just over six weeks to commence trading and make a profit from their enterprise. Participants will compete by making as high a profit as possible.

Schools taking part in the contest will be given a loan of between £50 and £1,000 to be allocated to those pupils who have displayed entrepreneurial aspirations. At the close of the competition, the students will repay their original loans to the Peter Jones Foundation, and remaining profits can be used by the school or donated to local charitable causes.

The competition is open to students aged 5-18 years, attending primary or secondary school in England, Wales, Scotland or Northern Ireland, from both the private and state sector. In addition, students aged 18 and under in Further Education College are also eligible to take part. Schools may apply for funding through this scheme, on behalf of entrepreneurial students.

The 2017 deadline for Registrations and Business Plans has been extended to 20 October 2017.

Job opportunities



Partnership and Development Manager – VAO

30 hours a week

£26,861 Pro Rata (including DIA plus Pension Contribution)

We are looking for an individual to work in collaboration with the Chief Executive to improve communication and engagement within and between the local third sector and statutory partners to enhance partnership working. You will also lead our small development team to deliver, develop and promote VAO services that support voluntary organisations, social enterprises and volunteering. Previous applications need not apply.

If you have experience of partnership working along with extensive knowledge of issues affecting the third sector then this is an exciting opportunity to join our team.

Closing date for applications is Tuesday 3 October 2017 by 5pm

Interviews being held Wednesday 11 October 2017

Click [here](#) for more information

Community Led Care Research Officer – VAO

35 hours a week fixed term 5 months

£25,340 Pro Rata (including DIA plus Pension Contribution)

An exciting opportunity has arisen for a researcher to undertake a period of focused research into models of community led care in order to develop a model that would meet the needs of Orkney's island communities. You should have excellent communication, research and report writing skills and have the ability to work as part of a multi sector team.

Closing date for applications is Tuesday 3 October 2017 by 5pm

Interviews being held TBC

Click [here](#) for more information

A collaborative project between VAO, HIE, Robert Gordon's University and Development Trusts
Funded by the Aspiring Communities Fund

Office Administrator – VAO

30 hours a week

£19,025 Pro Rata (including DIA plus Pension Contribution)

We are looking for a skilled and highly motivated person to join our busy administration team. You should be an excellent communicator, be comfortable working in a demanding office environment, multi task with ease and be able to provide and develop a wide range of administrative services to staff, VAO members and the wider third sector.

Closing date for applications is Tuesday 3 October by 5pm

Interview date Wednesday 11 October 2017

Click [here](#) for more information

Volunteering opportunities



Could you help Young Families in Orkney?

Home-Start Orkney is a local charity which has been supporting families since 2001. The families supported by Home-Start face the usual daily demands of bringing up young children, but are also facing additional challenges which leave them feeling stressed and struggling to cope.

Home-Start helps by matching the families with a volunteer befriender, who supports the family one day a week, for 2-3 hours, helping practically and being a trusted confidante. This support continues for as long as is necessary, and gradually reduces as the parents build their self-confidence and strengthen community networks.

All support is monitored and reviewed by Home-Start Orkney's three Co-ordinators, who also provide support and supervision to the volunteer befrienders.

To cope with increasing demand for the service, Homestart are currently seeking to recruit home visiting volunteers and Board members. Home visiting volunteers all receive initial training prior to being matched with a family, while the Board meets every 6-8 weeks. Particular skills being sought for the Board include IT, fundraising and business management.



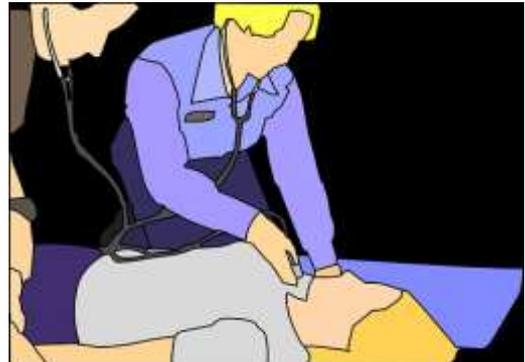
If you are interested in becoming a home visiting volunteer, or Board member, please contact [Erika Copland](#) for more information on 870770.

Train as a First Aider!

The Emergency Care Group require First Aiders to provide medical cover at public events such as agricultural shows, sporting events, half marathons, vintage rallies etc. They may also have the opportunity of driving one of the emergency vehicles when required. (You must be over 25 and have a full licence for any driving duties.)

Volunteers are given full training in all aspects of first aid and ambulance work by an experienced and competent trainer, including a certificated full first aid at work course and additional training in using collapsible stretchers and Automated External Defibrillator (AED).

So if you are able to keep calm in an emergency, have the ability to follow instructions and protocols, work as a team member, are a good communicator and willing to show commitment to the role then this may be the opportunity for you.



If you are interested in this opportunity and would like to know more please contact Rob McGregor at VAO on 872 897.

Relationships Scotland Orkney are looking for Board members

[Relationships Scotland Orkney](#) (RSO) is a voluntary organisation affiliated to the national body Relationships Scotland. RSO provides a range of services to support individuals, couples, children, young people, families, and promotes positive and respectful relationships in our community. Services include individual and relationship counselling, family mediation, play therapy, substance misuse support and a Child Contact Centre.

RSO are currently looking for Board members with a range of skills but in particular need someone with finance skills to act as Treasurer. If you are interested please contact [June Anderson](#) or [Renate Andrews](#) on 877750 for an informal chat.

For details of other volunteering opportunities, please visit the [VAO website](#) or contact [Rob](#) on 872897.

Have your say.....

OSCR is seeking your views on its draft Fundraising Guidance

Fundraising is an essential activity for many, if not most, charities. It's what supports them in pursuing their charitable objectives – and it ultimately rests on public confidence. When fundraising, there are rules that must be followed and charity trustees must be aware of their responsibilities.

The laws around fundraising have not changed but due to the changes in fundraising self-regulation over the past 2 years and the heightened awareness about fundraising practices, those at OSCR feel that new guidance is necessary.

To ensure that guidance is as robust as possible it is important for the sector to provide input. Consultation is an essential part of OSCR's policy making process. It gives them the opportunity to seek your opinions.

The consultation on their draft Fundraising Guidance is open from 7 September to 1 December 2017. Click [here](#) to give your view.

10 years of adult support and protection legislation

[Action on Elder Abuse \(AEA\) Scotland](#) would like to find out about older people's awareness of the support available for those affected by harm or abuse. This will help them find out if more needs to be done to help those who find themselves in a harmful situation.

They would like to hear from as many older people as possible, even if they haven't experienced harm or abuse. This will help them understand older people's awareness of the support available. They would also be interested to hear from those who know what support is available, but didn't report what happened to them.

The survey can be found [here](#) and paper copies are also available by contacting [Brian](#) on 07496 323801. Survey responses will remain completely confidential.

Action on Elder Abuse would be grateful if organisations could circulate the survey to colleagues and clients.



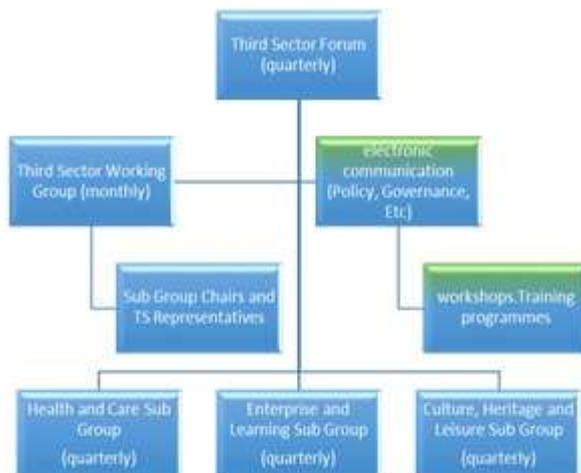
Third Sector Forum

Following an extensive period of consultation and discussion the Third Sector Forum agree to adopt a new structure and [terms of reference](#).

The newly established Health and Social Care and Enterprise and Learning Sub Groups have had an initial meeting and it is hoped to arrange a meeting shortly with those interested in forming a Culture, Heritage and Leisure Sub Group.

It is envisaged that the new structure will both promote the sector's diversity and enable more effective engagement and communication within the sector and with statutory partners.

If you would like to find out more or to join please contact [Cecily](#) on 873937.



Revised Third Sector Forum structure

Education & Training



Training courses: Employing Staff, Understanding the Finances and Playing Your Part (as a Board Member!)

These three courses will be offered in the run up to and including Trustees Week 2017. Subject to numbers, the training will be offered as a free session, booking essential. All courses will be held at VAO, Anchor Buildings, Kirkwall.

Employing Staff

Tuesday 31 October, 7.00-9.30pm or

Thursday 2nd November, 2.00-4.30pm

Are you sure of your responsibilities as an employer?

This workshop will provide an introduction to being an employer. We will explore the employment process from recruitment, issuing contracts, managing holidays and absence, dealing with discipline and grievance through to ending the employment relationship.

Understanding the Finances

Tuesday 7 November, 6.30 - 9.00pm or

Wednesday 9 November 9.30am - 12.00 noon

Do you understand the financial information that is presented to you?

One of your most important duties as a trustee or director is to understand the finances of your organisation. This workshop will help you to develop the knowledge and confidence to understand, monitor and question financial information and to use this to contribute to Board decisions regarding financial planning and expenditure.

Playing your part

Wednesday 15 November, 6.30 - 9.00pm or

Thursday 16 November, 2.00 - 4.30 pm

Do you know what your responsibilities are or do you just focus on meetings?

This is an informative and relaxed session aimed at ensuring that you understand your role within your organisation. The workshop will explore a range of topics including the basics of charity law, your responsibilities as a company director and the function of the CIC regulator as appropriate to your organisation.

Please click [here](#) for a leaflet about the training. For more information or to book your place please contact [VAO](#) on 872897.

Sustainable Procurement Duty Training

4 October, 10.00-12.30

Are you developing OIC/OHAC contracts? Then this training is for you.

Barbara Morton from Sustainable Procurement Limited, funded by Zerowaste Scotland, will deliver the training which will cover:

- Sustainable Procurement Duty
- Guidance and tools available to support procurement and others to embed environmental and social considerations in contracts
- Contract management and the links with other reporting duties (for example, climate change and equalities)
- Circular Economy and the opportunities for small businesses, third sector organisations
- Discussion of past experiences and upcoming contracts

Please contact [Liz Anderson](#) for more information or to reserve your place.

Motivating Health Behaviour Change Training

9 October, Kirkwall

Motivating Health Behaviour Change Training is being offered free of charge to all staff working in NHS Orkney, OIC and the Third Sector who could support people to make healthier choices.

The first session will be held on 9 October in the Saltire Room, Balfour Hospital from 9.00 – 13.00 with further dates to be arranged. For more information or to book a place please contact ork-HB.Learning@nhs.net

Solihull Approach Cascade in Scotland

17 October and 7 November

The Solihull Approach is an evidenced based way of working with families that promotes emotional well-being in young children and their families.

The Foundation training offers a highly practical approach to working with children and families that is based on a robust theoretical framework and is appropriate for professionals including Health Visitors, Midwives, Early Years workers, Social Workers, Nursery staff, Psychologists, Education, CAMHS and other staff working with children and families.

The Foundation training takes place over 2 days, 2 weeks apart. Following completion of your training you will be offered 6 monthly sessions of approx 1.5hrs of support to help you embed the Approach into practice.

OHAC are pleased to be able to offer Foundation level training for Early Years colleagues on the following dates: 17 October and 7 November 2017

Please contact [Gudula Walker](#) or [Catherine Diamond](#) for further details and to reserve your place. Places are limited to 12 delegates across all agencies.

If you would like this training but these dates are not suitable please let Gudula or Catherine know and they will inform you of future training.

UK Safer Internet Centre brings an online safety event to Orkney

14 November, Kirkwall

The UK Safer Internet Centre is bringing an online safety event to Kirkwall on Tuesday, 14 November 2017 10.00 – 12:00 in The Supper Room, Kirkwall Community Centre. The session is for people working with children and young people.



Click [here](#) to register or [here](#) for more information.

They are expecting a positive uptake of places from a wide spread of agencies so book early to avoid disappointment.

A one-day course on Self-Harm Mitigation and Suicide Prevent (STORM)

23 November, time TBC

STORM training addresses how one can identify people at risk of self-harm and suicide. It has been provided across Scotland for many years (via Choose Life) including Orkney, and this day course is for those working in the voluntary sector in Orkney who may not previously have had access to STORM training.

In this course, led by Professor Linda Gask, you will:

- Explore attitudes and beliefs about suicide and self-harm
- Acquire the skills required to engage a person at risk of self-harm and suicide in a helpful conversation
- Acquire the knowledge and skills to assess the situation in collaboration with the person- including immediate risk.
- Acquire the knowledge and skills to co-create a current safety plan.
- Acquire the knowledge and skills to co-create a future safety plan after the immediate crisis has passed.



There will be ample opportunity for watching demonstrations, discussion and role rehearsal of skills in a small group setting.

The courses cost £10. To book your place contact Edwina Lloyd at [VAO](#) on 872897.

Dates for your Diary

Self-Management Week 2017; 2 – 6 October

Self-Management Week takes place every year to raise awareness of and showcase the huge benefits self-management can bring to people's lives. This year's theme is 'Celebrating Change' – celebrating the experiences and changes that have taken place through self-management. To make a truly valuable impact and to get people talking about Self-Management, the Health and Social Care Alliance want you to get involved - click [here](#) to find out how you can.

Orkney NHS Board: Annual Review

Tuesday 24 October

The Orkney NHS Board Annual Review, chaired by Ian Kinniburgh, NHS Orkney Board Chairman, will take place from 1.00 - 2.00 on Tuesday 24 October 2017 in the Saltire Room, Balfour Hospital, Kirkwall. The Review will include a short presentation highlighting the key challenges and achievements over the last year and outline plans and priorities for the year ahead,

During the meeting the Board Chairman and Chief Executive will answer questions from the floor, however it will not be possible to answer questions about patient specific issues.

There will also be a question and answer session on the New Hospital and Healthcare Facility.

Everyone is welcome and the Board encourage staff, members of the public, patient representatives, community groups and local organisations from across Orkney to attend.

It will be possible to link in to the Annual Review by video conference and this can be arranged by contacting [Corporate Services](#) on 888228.

Focus on.....The Pier Arts Centre

This month Neil Firth, Director, gives us an overview of life at the Pier Arts Centre.

Please sum up the main role of your organisation.

The Pier Arts Centre houses Orkney's important collection of fine art and curates a programme of contemporary exhibitions, events and educational activities.

Now sum up in three words.

Orkney - Art - World

What are you working on just now?

Our exhibition schedule runs all year round and we are constantly creating and presenting our programme of activities. Behind the scenes we're working on our medium term plans and hope to have exciting developments that will help us continue and thrive in the harder times that look to be ahead for us all.

How many staff and volunteers does your organisation have?

10 members of staff and 18 active volunteers

Are you looking for volunteers? If so, who are you looking for?

Volunteers play a big role in helping us deliver every event and in the educational and archive work we do. We are always looking for volunteers and make sure that their needs are central to the tasks they help us with. VAO does a superb job in helping us recruit our volunteers.

Roughly how many people use your service annually?

40,000-45,000

How long have you been operating in Orkney?

Since 1979



Please give an example of how your organisation has helped an individual service user.

Our Piergroup focusses on 16-24 year olds and has been crucial to many young people as they begin to explore their own ideas and head bravely into the wider world. Many of the group have gone on to great success in organisations elsewhere.

How do you think people perceive your organisation? If you think they have the wrong perception, now's your chance to put them right.

It can be easy to dismiss art and the many benefits it brings both to the way the world is shaped and in supporting individual growth and wellbeing. Our Collection is of National Significance to Scotland and our exhibition programme highlights a wide diversity of talent from Orkney, Scotland and well beyond. Not every exhibition will be to everyone's taste - but - wait a wee while and another will be along.

What one thing would you ask people to do that would have a positive impact on the work your organisation is involved with?

Visit with an open heart and mind and encourage creativity in our young people.

Where would you like to see your organisation in 5 years' time?

Still at the heart of the contemporary vision of Orkney. With a community with a rich natural and historical heritage our cultural health is in the hands of those who are creating art of all sorts now. The Pier Arts Centre is one of the main ways we present ourselves as a modern and contemporary society. Our medium term plans should have helped us become a more resilient organisation with new ways to generate income.



What would you do with a donation of £1,000,000?

Donations help us to keep going I guess over nearly 40 years of operation we must have invested the first million in our services. I look forward to receiving your cheque!

How long have you worked at your organisation?

30 years

How did you end up in your job?

I've worked in every role in my time here, starting as a part-time technician. Eventually you work out what needs done and then do it.

What's the best thing about working for your organisation?

Visitor reactions when someone has just been transfixed by their experience of the art, the building and its surroundings. Reading our visitors book is a great guide to the quiet internal and profound joy that such an experience can bring.

What's the worst?

Finding the time to do it all – There's much more to achieve and always more opportunity than time.

What does a typical day in the office involve?

There's always a practical or financial challenge on the horizon for any day to be typical.

What's surprised you most while working for your organisation?

The extent of network that our Collection provides for us and for Orkney – It has opened up connections to interesting people and organisations right across the globe.

What's the most important thing you've learnt while working in your organisation?

The simple and overwhelmingly generous act of philanthropy that started the Pier Arts Centre – the gift by Margaret Gardiner of her collection of 20th Century art to Orkney – was inspired by the friendship and warmth of welcome she received in Orkney. We need to work hard to maintain that open and welcoming attitude – it's what makes Orkney healthy and vibrant and a great place to live and work.



www.pierartscentre.com

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