

Newsletter September 2019

Local News

Hate Crime in Orkney: New Third Party Reporting Centres

A hate crime is any crime motivated by malice, ill-will or prejudice against:

- Disability
- Race
- Religion or belief
- Sexual orientation
- Transgender identity

Hate crime can include:

- People swearing at you or making abusive remarks
- People making you feel scared, intimidated or distressed
- Having hurtful things said to you
- People threatening you, your friends or family
- Having insulting graffiti sprayed on your house or car
- Having something you own vandalised
- Having something belonging to your community vandalised
- Having your belongings stolen
- Being pushed, hit or hurt



No hate crime is too minor to report. Reporting hate crime helps the police find those responsible and prosecute them. It also helps the police get a better picture of what is happening in the community, highlights areas of concern, and monitor patterns of behaviour. So even if a person does not want to leave their own details, reporting hate crime will help others.

Many people, for various reasons, are reluctant to report crime directly to the police. Third party reporting is an important way to overcome this. Third Party Reporting Centres enable people to report a hate crime without speaking with the police. Staff at the Centres can write the report on behalf of the individual who can decide whether or not they want to provide their personal details or remain anonymous. Hate crime can be reported by the victim or a witness to the incident.

We now have two Third Party Reporting Centres for Hate Crime in Orkney: [Relationships Scotland Orkney](#) (RSO) and [Orkney Rape and Sexual Assault Service](#) (ORSAS). Please contact [RSO](#) on 877750 or [ORSAS](#) on 872298 for further information.

If your organisation would like to become a Third Party Reporting Centre, please contact [Judy Hill](#) at Police Scotland to arrange training. More information on hate crime can be found on the [Police Scotland website](#).

Young Volunteers' hard work pays off for ORSAS

It was recently confirmed that Loud n Live 6 – the ROAR committee's big summer music bash - had raised a whopping £3139.53 for Orkney Rape and Sexual Assault Services. One of the young volunteers involved, Maya Tams-Gray summarised the evening:

The ROAR Loud 'n' Live charity concert was a huge success, drawing in a large crowd. Taking place at the Sound Archive, the concert managed to raise awareness, and money, for the Orkney Rape and Sexual Assault Service (ORSAS).

The concert opened with a group of local superstars many of whom are still students at KGS and Stromness Academy. Acts included the Izzy, Tegan and James trio, Gemma and Johnny, Matthew and Michael Harcus, The Chair and The Aim family (one of which got so into the music he broke a guitar).

The gig then hit a short intermission in which an auction and raffle took place. The raffle proved to be very popular, having sold out of tickets very early, and the prizes included: Pentland and Orkney ferry tickets, a Blush Beauty voucher, Orkney cheese vouchers and much more. Some of the Auctioned items included Loganair tickets, a Westray hamper and a collector's box of goodies donated by Highland Park.

In the second half the dance floor opened up and the music only got louder. The Cartel, Rocker and the Eastieboys hit the stage and played a loud and lively mix of classic rock hits and some great local tunes. In general the night went smoothly and served as a great example of the talent we have, as well as the generosity within our community.



Legislation & Guidance



Levelling the Playing Field – Scottish Women and Girls in Sport Week 2019

During Scottish Women and Girls in Sport Week 2019 the Scottish Women and Girls in Sport Advisory Board published their 2019 report and recommendations 'Levelling the Playing Field'. This report contains the first steps in what the Board believe is needed in Scotland to start to create gender balance within sport to proactively address, on a systematic level, the change that is required to continue to improve towards a more gender equal Scotland. They have asked the Minister for Public Health, Sport and Wellbeing to consider these recommendations carefully. Click [here](#) to read the report.

Funding & Finance



Launch of New Scottish Government Fund to Support Survivors of Childhood Abuse in Scotland

Inspiring Scotland, in partnership with Scottish Government, have launched a fund to support Survivors of Childhood Abuse in Scotland. The new fund continues Scottish Government's commitment to supporting all survivors of childhood abuse in Scotland, regardless of their circumstances.

The purpose of the fund is to support the recovery and resilience of survivors by enhancing capacity and capability of third sector and community-based organisations who provide dedicated support. It's aims are to support all survivors in having equal access to services in Scotland, address waiting lists for support, encourage collaboration and innovation amongst third sector providers and build integration with statutory services.

On behalf of Scottish Government, Inspiring Scotland are seeking applications from organisations who have a proven track record of supporting Survivors of Childhood Abuse in Scotland. Applications are welcomed by individual organisations and those working in collaboration with other organisations.

Please click [here](#) to access the Guidance, Frequently Asked Questions and Application form

Applications close midday on Friday 1 November 2019.

Social Security Scotland - Funeral Support Payment

Social Security Scotland commenced delivery of the Funeral Support Payment from Monday 16 September 2019. The Funeral Support Payment is a one-off payment to help people on low income benefits with a contribution towards the cost of a funeral and replaces the Department for Work and Pension's Funeral Expenses Payment in Scotland. Click [here](#) for more information.

Have your say



Consultation on The Principles of a Local Discretionary Transient Visitor Levy or Tourist Tax

This consultation seeks to develop government understanding of the issues and concerns with regard to the introduction of a Transient Visitor Levy and help inform the development of legislation

to enable local authorities to apply a visitor levy. In particular, the consultation seeks views to ensure that the legislation:

- supports the continuing success of the tourism industry in Scotland;
- provides the powers that are needed for local authorities to respond to local pressures;
- minimises the administrative and compliance burdens for those affected.

The consultation document builds on the evidence gathered from the National Discussion, setting out considerations relating to particular aspects of establishing a visitor levy alongside questions relevant to each section.

The consultation will run until midnight on 2 December 2019 and can be viewed [here](#).

Volunteering opportunities

Young People's Befriending Project looking for volunteers



The VAO Young People's Befriending Project has been a staple in supporting disadvantaged or vulnerable young people in Orkney for almost 12 years. We get referred young people who are struggling with an aspect of life that is having a negative effect on them, this can include – being bullied, family breakdowns, mental health or learning needs, socially isolated, being financially disadvantaged and/or are

a young carer. We recruit and train volunteer Befrienders, who we then match with our young people. Our waiting list is not first come first served, we match based on personality, hobbies and interests and need. Our matches then meet fortnightly and take part in fun diversionary activities that the young person chooses. Our Befrienders champion their young person, help them reach their full potential and expand their horizons.

We are currently looking for new volunteers. If you would like to find out more, [Morgan](#) & [Hannah](#), the Project Co-ordinators would be delighted to meet you. If you think you know someone who could make a great difference to the life of a young person living in Orkney, please encourage them to get in touch. You can contact Morgan and Hannah by email or on 872897.

CLAN Cancer Support Charity Shop: Till and Sorting Room Volunteers Needed

Retail Volunteers – Till

Do you have a passion for second-hand shopping? Do you love finding those bargains? If you also enjoy helping customers and working as part of a team, joining CLAN as a till volunteer would put you front and centre of a busy charity retail enterprise.

Meet new people, make new friends and gain new skills and experience whilst helping to provide support for those affected by cancer.

This customer facing volunteer opportunity involves using a touchscreen till and handling cash and card payments: full training will be given.

Afternoon shifts 1-5pm Monday, Thursday and some Saturdays available. Please enquire at the shop or call 873393 for more information and an application form.

Retail Volunteers – Sorting Room

Do you have a good eye for second-hand & vintage clothing? Are you interested in antiques and collectables? CLAN gratefully receives donations all year round: help to raise funds to provide Cancer Support in your community by volunteering in the sorting room.

This volunteer opportunity involves sorting through the incoming donations, hanging and sizing clothing, pricing all the goods, creating displays, and helping our customers find bargains by keeping this busy shop tidy and organised.

If you enjoy working as part of a team and feel you could give some of your time, there are morning and afternoon shifts available on Tuesdays, Wednesdays and Thursdays. Please enquire at the shop or call 873393 for more information and an application form.

Scapa 100: Scuttling of the German Fleet 100th Anniversary Conference

To commemorate the 100th anniversary of the scuttling of the German Fleet Stromness Museum is running a [conference](#) to explore the Orkney perspective of the scuttling, from the salvage industry to marine life on the wrecks and looking at management of the wrecks as part of our heritage.

There are volunteering opportunities in several areas and they can take several volunteers each day:

- **Conference prep volunteer** (before the event Thurs 17 Oct daytime): Assisting with name badges, conference packs, setting out the room.
- **Tech volunteers** (Thurs 17, Fri 18, Sat 19 Oct): Assisting with technical aspects of the conference - recording speakers, learning about AV presentations, setting up and taking down tech. Roving microphone.
- **General event / hospitality volunteers** (Thurs 17, Fri 18, Sat 19 Oct): Welcoming delegates, assisting with keeping all the delegates happy and smiling, assisting with deliveries of coffees and teas etc. Assisting with anything that crops up!



There will be an induction given prior to the conference to acquaint people with the venue and to go over the various tasks. The link person will be Rebecca Marr who will be present throughout the conference and available for any volunteer support. The team are friendly and supportive.

If you are interested in being a part of a great event please contact Rob McGregor at VAO on 872897.

For details of other volunteering opportunities, please visit the VAO website or contact [Rob](#) on 872897.

Education & Training

Succession Planning: developing your board and leadership team **7 October, 10.00-4.00, Kirkwall**

This programme is for Directors or Trustees and Managers of third sector organisations who are interested in tracking how an organisation has got to where it is and how it might evolve in the future.

Click [here](#) for more information.

Growing Enterprising Communities **9 October 2019, 10.00-3.00, Kirkwall**

This day is for people supporting communities and individuals to grow and develop. This includes people in voluntary and community organisations as well as public sector CLD staff.

Click [here](#) for more information and to book your place.

Focus on.... Adult Befriending Service -BALL Groups



This month Susan Wishart, Development Worker in VAO's Adult Befriending Service tells us about the BALL Groups.

What is a BALL Group?

BALL Group stands for "Be Active Long life". They provide opportunity and choice for older adults in Orkney over the age of 60. The Groups last for 2 hours with the first part being exercise based with Salsa Dance, Zumba, Curling, Table Tennis, Boccia, Tai-chi and strength and balance among popular activities. The second part starts with tea, coffee and a sit down and chat and some planning for other sessions. Then we have a game, crafts, talks, quizzes, cooking demo amongst other social activities, and there is always lots of fun and laughter at the sessions which is great to hear!

How many BALL Groups are there in Orkney?

There are currently Groups in Burray and Holm, with a third planned for Shapinsay soon.

Burray Ball Group meets in the Burray Hall from 2-4pm on Wednesdays.

Holm Ball Groups meets in the Holm Hall from 2-4pm on Mondays.

How many people attend the Groups each week?

Usually between 20-30.

What are the BALL project objectives?

- To provide opportunity and choice for older adults in Orkney
- To improve confidence, self-esteem and mental health
- To engage participants in the planning and running of their Groups
- To improve quality of life by increased mobility, lessening the risk of falls
- Improve physical health in general
- To foster companionship
- To develop sustainable programmes by supporting people to become self sufficient

How do you think people perceive your Groups?

I think there is some confusion that they have something to do with Balls! The "Ball" stands for Be Active Long Life.

How long have the Groups been operating in Orkney?

I was appointed to my role in August 2018 and set up the first Group in September 2018 so around a year.

What would you do with a £1,000,000 donation?

I would make the BALL Groups free to attend, buy a minibus, Purchase lots of new equipment, and plan lots of trips!

How do I find out more?

Contact [Susan](#) on 872897 to find out more about the groups.