

# Service Directory for **CHILDREN** and **YOUNG PEOPLE** in Orkney



Orkney Childcare and Young People's Partnership

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# Introduction

Welcome to the second Service Directory for Children and Young People. The Directory was originally compiled in response to a consultation exercise on how the statutory sector could engage more meaningfully with the third sector in Getting it Right for Every Child.

For this second iteration we have updated and added to a comprehensive list of community and voluntary groups along with other organisations and services that we hope will be of interest to you. The information is also available on the VAO website at [www.vaorkney.org.uk](http://www.vaorkney.org.uk)

This directory supports an identified action in Orkney's Children's Services Plan (2017 - 2020), namely 'share up to date information about the services available for children and young people'.

We are keen to have as many local organisations listed as possible. If you would like your organisation's details to be listed, please contact [enquiries@vaorkney.org.uk](mailto:enquiries@vaorkney.org.uk).

Please remember to update us if the contact details for your listing change.

Peter Diamond  
Chair of Orkney Childcare and Young People's Partnership

Gail Anderson  
Chief Executive, Voluntary Action Orkney

## Advocacy Orkney

### Contact Details

Location: 18 Queen Street, Kirkwall, KW15 1JE  
Telephone: 01856 870111  
Email: [info@advocacyorkney.org](mailto:info@advocacyorkney.org)  
Website: [www.orkneycommunities.co.uk/advocacyorkney](http://www.orkneycommunities.co.uk/advocacyorkney)

### Description

Advocacy Orkney is Orkney's only independent advocacy agency whose remit is to speak up for people when for whatever the reason, they feel they cannot do this for themselves.

The service takes a Human Rights based approach to supporting clients and this includes safeguarding rights and ensuring their voice and views are heard in decisions being made about them. The service prioritises support in the areas of Mental Health, Learning Disability and Looked After Children but also provides a generic adult service.

## Alcoholics Anonymous

### Contact Details

Location: Orkney Blide Trust  
54 Victoria Street, Kirkwall, KW15 1DN  
Telephone: 07802 916577  
Email: [mike@cess.co.uk](mailto:mike@cess.co.uk)  
Website: [www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

### Description

AA is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership, we are self supporting through our own contributions. AA is not allied with any sect, denominations, political organisations or institutions. Does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

## Angela Fitzpatrick - Happiness Consultant

### Contact Details

Location: Suilven Centre, 44 East Road, Kirkwall, KW15 1LX  
Telephone: 01856 875433  
Email: [angela@angelaftzpatrick.com](mailto:angela@angelaftzpatrick.com)  
Website: [www.angelaftzpatrick.com](http://www.angelaftzpatrick.com)

### Description

Angela Fitzpatrick has a pain, trauma and phobia clinic in Kirkwall and also provides counselling for grief. An expert in youth issues, she can help with areas such as eating disorders, self-harm, stress and confidence.

## BEAT Beating Eating Disorders

### Contact Details

Telephone: 0808 801 0677  
Email: [help@b-eat.co.uk](mailto:help@b-eat.co.uk)  
Website: [www.b-eat.co.uk](http://www.b-eat.co.uk)  
Facebook: [beating eating disorders](https://www.facebook.com/beatingeatingdisorders)



### Description

Beat is the UK's leading nationwide charity supporting people affected by eating disorders and campaigning on their behalf. Beat provides helplines for adults and young people, a UK wide network of self help and support groups and online support including information, message boards and live chat. We also provide expert knowledge, education and training to health and social care professionals and support and encourage research into eating disorders.

## Breast Feeding Support Group NHS Orkney

### Contact Details

Name: Maternity Unit, Balfour Hospital  
Location: New Scapa Road, Kirkwall, KW15 1BH  
Telephone: 01856 888238  
Email: [ork-hb.maternityward@nhs.net](mailto:ork-hb.maternityward@nhs.net)  
Facebook: NHS Orkney



### Description

Breast feeding support.

## Childline

### Contact Details

Telephone: 0800 1111  
Website: [www.childline.org.uk](http://www.childline.org.uk)

### Description

ChildLine is a private and confidential service for children and young people up to the age of nineteen. You can contact a ChildLine counsellor about anything - no problem is too big or too small. Call free on 0800 1111, have a 1-2-1 chat online or send an email.

## Children and Families Social Work Services, Orkney Islands Council

### Contact Details

Location: Orkney Islands Council, School Place,  
Kirkwall, KW15 1NY  
Telephone: 01856 873535 ex. 2672  
Email: [cfadmin@orkney.gov.uk](mailto:cfadmin@orkney.gov.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

### Description

Social Workers help children and their families who are in need or at risk, working closely with teachers, health professionals, police and other agencies to make sure that children are safe and well. Social workers will support children to make sense of and cope with difficult family situations.

If you are worried about a child or young person who may be at risk of harm, you can call us for advice and help. If it's not possible for children to safely remain living with their families, we can provide foster, adoptive and residential care. If you have to attend a Children's Hearing then a Social Worker will support you and make sure decisions are made in your best interests and that your views are heard. If you are adopted, in care or have left care, you will be entitled to additional support and assistance from our services. If adults are interested in becoming foster or adoptive carers then we provide services to assess, approve and support you and any child in your care.

# Community Mental Health Team

## NHS Orkney

### Contact Details

Location: Balfour Hospital, Kirkwall, KW15 1BH  
Telephone: 01856 888280  
Website: [www.ohb.scot.nhs.uk](http://www.ohb.scot.nhs.uk)

### Description

The Orkney Community Mental Health Team, is made up of a psychiatrist, community psychiatric nurses, psychologist, occupational therapist and social work professionals who work with individuals that are experiencing moderate to severe/complex mental health issues, usually long-standing and/or recurrent in nature with significant risks and impact on daily living or occupational functioning. For example; severe depression, psychosis and eating disorders.

Within the Community Mental Health Team there are specialists who work with children and adolescents, adults of working age, substance misuse and older adults. Their role is one of assessment, treatment and support for these individuals and they work cooperatively with other services dependent on an individual's needs.



# Connect Project

## Voluntary Action Orkney

### Contact Details

Location: Voluntary Action Orkney, Anchor Buildings,  
6 Bridge Street, Kirkwall, KW15 1HR  
Telephone: 01856 872897  
Email: [lindsey.johnson@vaorkney.org.uk](mailto:lindsey.johnson@vaorkney.org.uk)  
Website: [www.vaorkney.org.uk/youth-connect-project-for-16-19-year-olds](http://www.vaorkney.org.uk/youth-connect-project-for-16-19-year-olds)

### Description

The Connect Project is an early intervention project that offers young people aged 15-21 years, who have significant barriers to learning and engaging in the community, up to one year's access to a flexible and person-centred learning/training programme, through one to one support and group work. The project works with young people who require More Choices More Chances, coordinating Activity Agreements in line with Opportunities for All.

Through the mix of one to one support and innovative sessions, young people will develop a range of skills – for example, confidence, self-efficacy, self-esteem, motivation, communication skills, social skills, independent living skills, money management and employability skills, as well as meeting personal targets. Young people will also have the opportunity to engage with the local college and other learning centres to develop their skills and gain recognised and relevant qualifications.

The project has dedicated and qualified staff to support young people, these include a Project Coordinator, 2 Project Support Workers, 1 Outreach Worker, 1 Autism Support Worker and a Self-Directed Support Project Worker. The project is open to young people Monday – Thursday 9.30- 3.30 and Friday 9.30-12.30. Attendance at the project is flexible to meet the young people's needs. Young people who attend the project may be eligible for Educational Maintenance Allowance.



## Crossroads Children's Service

### Crossroads Orkney

#### Contact Details

Location: Ground Floor Travel Centre, West Castle Street,  
Kirkwall, KW15 1GU  
Telephone: 01856 870500  
Email: [carers@crossroadsorkney.co.uk](mailto:carers@crossroadsorkney.co.uk)  
Website: [www.crossroadsorkney.co.uk](http://www.crossroadsorkney.co.uk)

#### Description

Our Children's Service provides a trained care attendant to take children with additional needs out to an activity of their choice. The aim of the service is to help enhance their social skills, independence and confidence while having lots of fun too.

## Cruse Bereavement Care Scotland

### Orkney Region

#### Contact Details

Location: First Floor Right, Travel Centre, West Castle Street,  
Kirkwall, KW15 1GU  
Telephone: 0845 600 2227 / 01856 871871  
Email: [orkney@crusescotland.org.uk](mailto:orkney@crusescotland.org.uk)  
Website: [www.crusescotland.org.uk](http://www.crusescotland.org.uk)  
[www.orkneycommunities.co.uk/CRUSE](http://www.orkneycommunities.co.uk/CRUSE)  
Facebook: CruseScotland

#### Description

Cruse Bereavement Care Scotland - Northern Area, Orkney offers support to the bereaved. This can take the form of information, talks to groups or one to one support with a trained bereavement volunteer. Please check out our national website [www.crusescotland.org.uk](http://www.crusescotland.org.uk) for useful leaflets. To make a referral please contact 0845 600 2227 or email [support@crusescotland.org.uk](mailto:support@crusescotland.org.uk). Local events and activities are displayed on our Orkney Communities website.

## Dial-A-Bus

#### Contact Details

Location: Orkney Disability Forum, Junction Road,  
Kirkwall, KW15 1GU  
Telephone: 01856 871515  
Email: [info@odforkney.com](mailto:info@odforkney.com)  
Website: [www.orkneycommunities.co.uk/odf](http://www.orkneycommunities.co.uk/odf)  
Facebook: Orkney Disability Forum

#### Description

Demand responsive transport service for the elderly and people with disabilities.

## Employability Orkney / Restart Orkney

### Contact Details

Location: Unit 3, Kiln Corner, Kirkwall, KW15 1HS  
Telephone: 01856 876605  
Email: [admin@employabilityorkney.co.uk](mailto:admin@employabilityorkney.co.uk)  
Website: [www.employabilityorkney.co.uk](http://www.employabilityorkney.co.uk)  
Facebook: [Employability-Orkney-Restart-Orkney](https://www.facebook.com/Employability-Orkney-Restart-Orkney)

### Description

Employability Orkney provides a range of sustainable supported employment, training and volunteering opportunities which promote social inclusion for those furthest from the labour market. Our social enterprise Restart Orkney sells furniture, household items, white goods and clothing at affordable prices.

## ENABLE Scotland Orkney Branch

### Contact Details

Location: Unit 3, Kiln Corner, Kirkwall, KW15 1HS  
Telephone: 01856 871287  
Email: [amc3@enable.org.uk](mailto:amc3@enable.org.uk)  
Website: [www.enable.org.uk](http://www.enable.org.uk)

### Description

ENABLE provides support to people over 18 years of age with Learning Disabilities in Orkney. We support people to live independently in their own homes and we aim to help people to achieve the life they wish to live. ENABLE delivers personalised support to the people who use our services and we aim for all our services users to be fully involved in planning the kind of support they wish to receive.

## Family Support Team, Children & Families Social Work Service Orkney Health and Care, Orkney Islands Council

### Contact Details

Location: Orkney Islands Council, School Place,  
Kirkwall, KW15 1NY  
Telephone: 01856 873535 ex. 2678  
Email: [clare.allison@orkney.gov.uk](mailto:clare.allison@orkney.gov.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

### Description

The Family Support Team has three family support workers who are part of the Children and Families Service.

The Family Support Team can only get involved with a child or family if a Children and Families Social Worker asks them to. Support is usually offered in the family home or in the community where the family live.

Our team have skills and experience in providing parenting courses and one to one parenting support and assessments, supervised contact, fostering and post adoption support, family meetings, mediation, advocacy, therapy, access to benefits/funding and one to one practical and emotional support to children and young people with a variety of needs.

We work closely with teachers, social workers, health workers, third sector organisations, children, their parents and their wider network to make sure families get the sort of support that they need.



## Friends of the Children's House

### Contact Details

Telephone: 01856 741328  
Email: [chrisgiles4@gmail.com](mailto:chrisgiles4@gmail.com)

### Description

The group supports the new children's home by raising funds for extras such as holiday activities, travel costs, Christmas presents and improvements to the environment of the house that cannot be funded by Orkney Health and Care.

## Guide Dogs Scotland

### Contact Details

Telephone: 0118 983 8123  
Email: [susan.harrison@guidedogs.org.uk](mailto:susan.harrison@guidedogs.org.uk)  
Website: [www.guidedogs.org.uk](http://www.guidedogs.org.uk)  
Facebook: Guide Dogs UK

### Description

We provide mobility and freedom to blind and partially sighted people. We also campaign for the rights of people with visual impairment, educate the public about eye care and fund eye disease research.

There are over 4,950 guide dog owners in the UK. If you are blind or partially sighted, a guide dog could change your life. Find out how we can help you get out and about.

My Guide aims to support blind and partially sighted people to get out and about with a sighted guide volunteer and do the things they want to do. We offer a range of services and activities for children and young people and provide valuable advice for parents and teachers.



## Home-Start Orkney

### Contact Details

Location: 7 Main Street, Kirkwall, KW15 1BU  
Telephone: 01856 870770  
Email: [postmaster@homestartorkney.org.uk](mailto:postmaster@homestartorkney.org.uk)  
Website: [www.orkneycommunities.co.uk/homestartorkney](http://www.orkneycommunities.co.uk/homestartorkney)

### Description

Home-Start Orkney provides volunteer befrienders who support parents and their young children through difficult and challenging circumstances, including isolation, relationship difficulties, financial difficulties, having children on the autistic spectrum, lone parenting, parenting twins, the effects of domestic abuse, poor health and many other situations which affect families living in Orkney.

The volunteers support the families for 2-3 hours per week, helping practically, providing emotional support, and encouraging parents in their parenting skills, confidence and self-esteem. In addition, we have a weekly drop-in for supported families at our office premises, as well as monthly Bookbug and Peedie Puffin sessions.

We can also offer parents the Triple P parenting programme, either individually or in a group. The service is available to families across Orkney, including the isles. For further details on support in the isles, please contact Elsie Cooper on the number given above.



## In School Counselling

### Kirkwall Grammar School & Stromness Academy

#### Contact Details

Location: Kirkwall Grammar School  
The Meadows, Kirkwall, KW15 1QN

Telephone: 07703 756649  
Email: [renate.therapy@gmail.com](mailto:renate.therapy@gmail.com)  
Website: [www.kgsorkney.com](http://www.kgsorkney.com)

Location: Stromness Academy  
Stromness, KW16 3JG

Telephone: 07960 745004  
Email: [june.therapy@gmail.com](mailto:june.therapy@gmail.com)  
Website: [www.stromnessacademy.org.uk](http://www.stromnessacademy.org.uk)

#### Description

Confidential, free and 'In School' Counselling service for young people. Counsellors are fully qualified and registered with the Professional Standards Authority to offer talking and creative arts therapies and all work in a non-judgemental and person centred way. Referrals can be made by the pupils themselves, through the Guidance Teachers, by parents or by other professionals using the contact details above. There is a discrete self referral process at each school for pupils, who prefer not to discuss their issues with anyone else. We also offer Peer Mentor training by arrangement with the individual schools.

## Job Centre Plus

#### Contact Details

Location: Job Centre Plus, Tankerness Lane, Kirkwall, KW15 1AJ  
Telephone: 0845 604 3719  
Email: [kirkwall.scotland@dwp.gsi.gov.uk](mailto:kirkwall.scotland@dwp.gsi.gov.uk)  
Website: [www.gov.org](http://www.gov.org)

#### Description

Help and support to be financially independent through employment.

## Lifestyles

#### Contact Details

Telephone: 01856 886394 (Picky) / 873217 (St Colms)  
Email: [alison.bews@orkney.gov.uk](mailto:alison.bews@orkney.gov.uk)  
Website: [www.orkneycommunities.co.uk/stcolmscards/](http://www.orkneycommunities.co.uk/stcolmscards/)  
[www.orkneycommunities.co.uk/woodbgood/](http://www.orkneycommunities.co.uk/woodbgood/)  
Facebook: Wood-B'Good  
St Colms Cards

#### Description

Lifestyles provides modern learning disability services in Orkney. Ensuring that individuals have more person centred services with increased meaningful opportunities in partnership with the local community.

Lifestyles offers a service for people with a range of learning disabilities who are 18 or over. The Lifestyles service has two bases. The St Colm's base develops individuals employment skills and opportunities. The Pickaquooy Centre base provides individuals with social, leisure and recreational opportunities. It has various rooms that can be hired.

For bookings between 08.30 and 18.00 Monday to Friday please contact Ross Groundwater at [ross.groundwater@orkney.gov.uk](mailto:ross.groundwater@orkney.gov.uk). For evening and weekend bookings please contact the Pickaquooy Centre on 01856 879900.

## Orkney Alcohol Counselling & Advisory Service

### Contact Details

Location: 6 Bridge Street Wynd, Kirkwall, KW15 1JD  
Telephone: 01856 874738  
Email: enquiries@oacas.org.uk  
Website: www.oacas.org.uk

### Description

Provision of person centred substance misuse (alcohol and /or drugs) therapy. Also 'generic' Counselling - help with Depression/Low Mood, Suicidal, Breakdown Relationship Issues, Eating Disorders, Gambling Addiction. A Young Person's Counselling Service (10 - 25 years). An Offenders' Rehabilitation Program - offering alcohol education, avoidance techniques and mentoring. Also work with those excluded by Orkney Pubwatch.

## Orkney Blide Trust

### Contact Details

Location: Laura Grimmond House, 54 Victoria Street, Kirkwall, KW15 1DN  
Telephone: 01856 874 874  
Email: admin@blidetrust.org  
Website: www.blidetrust.org.uk

### Description

Orkney Blide Trust provides support to people aged 16 years or over who have or have had mental health problems. We offer a non-judgmental place to come to and have trained staff to give practical and emotional support. We encourage folk to get the appropriate help needed from other relevant organisations in a friendly, warm and safe environment.

## Orkney Care and Repair

### Contact Details

Location: 39a Victoria Street, Kirkwall, KW15 1DN  
Telephone: 01856 873369  
Email: admin@orkneycareandrepair.co.uk  
Website: www.orkneycareandrepair.co.uk

### Description

Orkney Care and Repair is a Home Improvement Agency providing a wide range of help and advice to home owners and tenants in the private sector to maintain, repair, improve, and adapt their homes. We offer:

- Help and advice with housing options.
- Help to identify problems and decide on which repairs are needed; assist with plans, quotes, grant applications, etc.
- Refer you on to contractors or other appropriate agencies.
- Hospital discharge.
- A small repairs service to carry out minor repairs and adaptations.

## Orkney Charitable Trust

### Contact Details

Telephone: 01856 873369  
Email: [info@octrust.org.uk](mailto:info@octrust.org.uk)  
Website: [www.octrust.org.uk](http://www.octrust.org.uk)  
Facebook: Orkney Charitable Trust

### Description

We raise and distribute funds to help people under 25 who live in the Orkney Islands. Our funds will be available to young people in times of ill health, disability, hardship or disadvantage.

## Orkney Citizens Advice Bureau

### Contact Details

Location: Anchor Buildings, 6 Bridge Street, KW15 1HR  
Telephone: 01856 875266  
Email: [bureau@orkneycab.casonline.org.uk](mailto:bureau@orkneycab.casonline.org.uk)  
Website: [www.orkneycommunities.co.uk/CAB](http://www.orkneycommunities.co.uk/CAB)  
Facebook: OrkneyCitizensAdviceBureau

### Description

Orkney CAB is independent, and provides free, confidential and impartial advice to anyone living and/or working in the local community.

We deliver information, advice and representation covering a wide range of subjects, including; benefits, debt and money advice, consumer issues, housing issues, neighbour problems, family and personal problems, legal matters including eviction, mortgage repossession and small claims, employment advice, immigration and NHS health care.

Our services are delivered by a team of trained volunteers supported by specialist staff.

## Orkney Deaf Children's Society

### Contact Details

Location: Lyndhurst, Wellington Street, Kirkwall, KW15 1AY  
Telephone: 07545 996714  
Email: [orkney@ndcsgroup.org.uk](mailto:orkney@ndcsgroup.org.uk)  
Facebook: Orkney Deaf Children's Society

### Description

To provide a support network for families when a child has been identified as having an ongoing hearing difficulty. This will bring friendship, emotional and social support to families with a deaf child. We will be having at least 2 social events per year and hope to link in with other local groups to have a wider network. We will also be liaising with NHS and Local Authority to promote awareness of deafness within the community.

## Orkney Disability Forum

### Contact Details

Location: 18 Junction Road, Kirkwall, KW15 1AB  
Telephone: 01856 870340  
Email: [info@odforkney.com](mailto:info@odforkney.com)  
Website: [www.orkneycommunities.co.uk/odf](http://www.orkneycommunities.co.uk/odf)  
Facebook: Orkney Disability Forum

### Description

Orkney Disability Forum is an umbrella organisation for disabled people. We operate demand responsive transport service for elderly and disabled people, hire out mobility scooters and wheelchairs, social activities clubs for young disabled people, stock and sell aids for independent living as well as general information.

## Orkney Fibromyalgia ME/CFS & invisible illnesses support group

### Contact Details

Facebook: Orkney Fibromyalgia ME/CFS and Invisible Illnesses Support Group

### Description

A support group for individuals who stay on Orkney, the group meets monthly at the Kirkwall Library, and has a Facebook page for day to day support, information and experience sharing.

## Orkney Foodbank

### Contact Details

Location: Junction Road, Kirkwall, KW17 2XX  
Telephone: 07719 293378  
Email: [info@orkney.foodbank.org.uk](mailto:info@orkney.foodbank.org.uk)  
Website: [www.orkney.foodbank.org.uk/](http://www.orkney.foodbank.org.uk/)  
Facebook: Orkney Foodbank

### Description

Orkney Foodbank issues food parcels to clients who have been referred to them with a foodbank voucher. These parcels contain 3 days food items and, should the referrer decide it is appropriate, clients can have up to a further 2 parcels in a 6 month period.

Through the generosity of the Orkney population we are also sometimes able to provide additional items such as toiletries, cleaning products and pet food. Referring agents include Citizens Advice Bureau, GPs, Social Workers, Health Visitors, Home Start and some Third Sector Groups.

## Orkney Islands Council

### Contact Details

Location: Council Offices, School Place, Kirkwall, KW15 1NY  
Telephone: 01856 873535  
Email: [customerservice@orkney.gov.uk](mailto:customerservice@orkney.gov.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)  
Facebook: OIC Updates



## Orkney Rape Crisis

### Contact Details

Location: Room 2, Flat 3, Phoenix House, Kirkwall, KW15 1AX  
Telephone: 01856 872298  
0808 801 0302 - National Helpline  
Email: [contact@orkneyrapecrisis.scot](mailto:contact@orkneyrapecrisis.scot)  
Website: [www.orkneyrapecrisis.scot](http://www.orkneyrapecrisis.scot)  
Facebook: [orkneyrapecrisis](https://www.facebook.com/orkneyrapecrisis)

### Description

Orkney Rape Crisis offers information, support and advocacy to anyone aged 13 and over who has experienced sexual violence, their friends and families and the professionals that support them. Referrals can be made by contacting our office, the National Helpline or by completing the referral form on the contact page of our website.

Orkney Rape Crisis also has a prevention worker providing an evaluated prevention programme for secondary schools and youth groups. We also campaign on issues that impact on the experience of survivors and actively take part in prevention initiatives.

## Orkney Street Pastors

### Contact Details

Telephone: 01856 731265  
Email: [barry.cockerham@mypostoffice.co.uk](mailto:barry.cockerham@mypostoffice.co.uk)  
Website: [www.streetpastors.org](http://www.streetpastors.org)

### Description

Orkney Street Pastors provide assistance to revellers in need due to excessive consumption of alcohol. Street Pastors patrol the streets of Kirkwall on a Saturday night from midnight to about 3am in teams of at least three fully trained volunteers. We typically talk to revellers, sweep up any broken glass, dispose of discarded bottles and glasses and assist revellers, where appropriate, with guidance to transport home. We give out flip-flops to females who are unable to walk safely on very high-heeled shoes.

## Orkney Young Carers Service

### Contact Details

Location: Orkney Carers Centre, Kirkwall Travel Centre,  
West Castle Street, Kirkwall, KW15 1GU  
Telephone: 01856 870500  
Email: [youngcarers@crossroadsorkney.co.uk](mailto:youngcarers@crossroadsorkney.co.uk)  
Website: [www.orkneyyoungcarers.org](http://www.orkneyyoungcarers.org)

### Description

Orkney Young Carers Service offers a listening ear, advice, one-to-one and group support, monthly fun activities and occasional trips away to children and young people (up to age 18) who have caring responsibilities for someone they live with who has an illness, disability or problem with alcohol or drugs. Our service gives Young Carers the opportunity to take short breaks from their caring roles, and to spend time with other Young Carers.

## Orkney Youth Cafe

### Contact Details

Location: Kirkwall and St Ola Community Centre, Broad Street,  
Kirkwall, KW15 1DH  
Telephone: 01856 886499  
Facebook: Orkney Youth-Cafe

### Description

The Orkney Youth Café is a drop-in service funded by Orkney Alcohol and Drugs Partnership. We open on Thursdays, Fridays and Saturdays to offer young people aged 11-21 a place to socialise with friends and enjoy a wide variety of fun activities as well as free Wi-Fi available. We also offer a signposting service to various organisations around Orkney. Previous projects include: a Retro Gaming Night, Mental Health Awareness Week, 'Question Time' styled event, a residential trip to Aviemore, trip to the Picky spa and much more.

## Play Therapy Orkney

### Contact Details

Telephone: 07703 756649  
Email: [renate.therapy@gmail.com](mailto:renate.therapy@gmail.com)  
Website: [www.playtherapy.org.uk](http://www.playtherapy.org.uk)

### Description

Independent Play Therapy service for children and young people. Practitioners are fully qualified and registered with the Professional Standards Authority to offer play and creative arts therapies and each works in a non-directive, non-judgemental and person centred way. A full assessment is conducted with referrers and parents, prior to contact with the child, to ensure the appropriateness of the intervention and establish each child's needs. Referrals can be made through schools, by parents or by other professionals using the contact details above. Sessions are conducted in the Play Room at Orkney Disability Forum, in schools or other venues, by arrangement.

## Project Linus UK (Orkney Branch)

### Contact Details

Location: Upper Midhouse, Evie, KW17 2NA  
Telephone: 01856 751314  
Website: [www.projectlinusuk.org.uk](http://www.projectlinusuk.org.uk)

### Description

Project Linus provides quilts and blankets to Children “in need of a hug”. These are distributed through various agencies dealing with children e.g. Children’s Houe, Women’s Aid, Homelink, Health visitors, NHS Orkney Children’s unit, etc. They are given anonymously observing strict confidentiality. Materials are often donated and money raised is used to buy fabric and wool.

## Relationships Scotland Orkney

### Contact Details

Location: The Travel Centre, First Floor Right, West Castle Street, Kirkwall, KW15 1GU  
Telephone: 01856 877750  
Email: [enquiries@rsorkney.org.uk](mailto:enquiries@rsorkney.org.uk)  
Website: [www.orkneycommunities.co.uk/RSO](http://www.orkneycommunities.co.uk/RSO)

### Description

Relationships Scotland Orkney (RSO) is a voluntary organisation affiliated to the national body Relationships Scotland. RSO provides a range of services to support individuals, couples, children, young people, families, and promotes positive and respectful relationships in our community.

As a member of COSCA our services are delivered by qualified practitioners who adhere to their Code of Ethics and Standards. RSO is part of a national network of services which provide Help and Support for Separated Families (HSSF). Individual and Relationship Counselling provides a safe, confidential space where those experiencing difficulties can explore them and find ways of moving forward.

**(continued on next page)**

Family Mediation helps parents whose relationship has broken down to communicate with each other and to make practical arrangements for their children. Family Link Workers in our Family Connections Project can help families to work towards reducing conflict, strengthen relationships and improve wellbeing.

Child Contact Centre staff help children and young people affected by family breakdown to keep in touch with parents they no longer live with and family who are important to them. Youth Counselling and Play Therapy helps younger family members to explore difficulties and worries with qualified Youth Counsellors and Play Therapists.

Substance Misuse Support is available for families affected by alcohol or drug misuse. We offer the CRAFT programme for family members to help their loved ones engage in treatment. Parenting Apart helps co-parents understand the impact of separation and divorce on them and their children. For more information please visit our website or contact us.



## Samaritans of Orkney

### Contact Details

Location: The Travel Centre, West Castle Street,  
Kirkwall. KW15 1GU  
Telephone: 116123  
Email: [orkney.director@samaritans.org](mailto:orkney.director@samaritans.org)  
Website: [www.samaritans.org/branches/samaritans-orkney](http://www.samaritans.org/branches/samaritans-orkney)

### Description

Samaritans offer a totally confidential free listening service to anyone experiencing feelings of distress and despair. You can contact by telephone, email, SMS and letter. We believe that by talking through emotions and exploring options helps to relieve the feelings of distress. It's totally free to contact by telephone, even on a mobile with no available credit, and will not appear on your bill. The free number is 116123.



## Scottish Children's Reporter Administration (Orkney)

### Contact Details

Location: Eastbank, East Road, Kirkwall, KW15 1LX  
Telephone: 0131 244 8379  
Email: [orkneymailbox@scra.gsi.gov.uk](mailto:orkneymailbox@scra.gsi.gov.uk)  
Website: [www.scra.gov.uk](http://www.scra.gov.uk)

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### Description

Focused on children most at risk, SCRA's role and purpose is to:

- Make effective decisions about a need to refer a child/young person to a Children's Hearing
- Prepare for and participate in court proceedings where statement of grounds or Hearings findings are appealed and ensure the wellbeing of children and young people, particularly vulnerable witnesses, are protected throughout the court process
- Support Panel Members (though we are not involved in making Hearing decisions) and ensure fair process in Hearings
- Enable children, young people and families to participate in Hearings; Disseminate information and data to influence, inform and reassure
- Provide premises for Hearings to take place
- Work collaboratively with partners to support and facilitate the Getting it Right For Every Child (GIRFEC) agenda.

## SiMBA

### Contact Details

Location: St Magnus Centre, Palace Road, Kirkwall, KW15 1PA  
Telephone: 07812 706639  
Email: [melissa.lindsay@virgin.net](mailto:melissa.lindsay@virgin.net)  
Website: [www.simbacharity.org.uk](http://www.simbacharity.org.uk)  
Facebook: SiMBA, Simpsons Memory Box Appeal

### Description

Our support group is open to anyone who has gone through the death of a baby at any stage of pregnancy or close to the time of birth. We provide 'memory boxes' and the opportunity to have a copper leaf engraved and attached to our 'tree of tranquillity' in Shearers Garden.



## Skills Development Scotland (Orkney)

### Contact Details

Location: 2 Albert Street, Kirkwall, KW15 1HP  
Telephone: 01856 872460  
Email: [kirkwall@sds.co.uk](mailto:kirkwall@sds.co.uk)  
Website: [www.myworldofwork.co.uk](http://www.myworldofwork.co.uk)  
Facebook: SDSOrkney

### Description

Skills Development Scotland offer an all-age careers advice and guidance service. We provide assistance and support with career planning, goal setting and job seeking. We aim to develop and promote Career Management Skills which will help individuals achieve success. Our careers advisers are based in schools across Orkney and in the Kirkwall Centre on Albert Street.

## The Learning Link Orkney

### Contact Details

Location: 1 St Rognvald Street, Kirkwall, KW15 1PR  
Telephone: 01856 879200  
Email: [linda.copland@thelearninglink.org.uk](mailto:linda.copland@thelearninglink.org.uk)  
Website: [www.thelearninglinkorkney.co.uk](http://www.thelearninglinkorkney.co.uk)

### Description

The Learning Link is a place where people get help to improve their reading, writing, spelling, maths and basic computer skills. We help people gain confidence and develop skills on a day and at a time that suits them. Maybe the person would like the opportunity to gain a qualification in a relaxed, friendly and informal setting? We only teach what people want and need to learn - and we have a lot of fun!



## Therapet/ Canine Concern Scotland

### Contact Details

Telephone: 01856 781282  
Email: [macinnesronella@yahoo.co.uk](mailto:macinnesronella@yahoo.co.uk)

### Description

Canine Concern Scotland Trust (CCST) established the Therapet Service in 1988, where volunteer members take their registered dogs on a regular basis to visit the elderly, children and people with disabilities in Residential Homes, Day Centres, Hospitals etc. The dogs who must be a year old are assessed for temperament and suitability. The owners have to be members of The Protecting Vulnerable Groups Scheme. In addition CCST provides an educational service to schools and other bodies to promote responsible dog ownership, runs a 'Reading With Dogs' service and 'Paws Against Stress' a de-stressing service for students.

## Victim Support Orkney

### Contact Details

Location: Anchor Buildings, Bridge Street, Kirkwall, KW15 1HR  
Telephone: 01856 871965  
Email: [jackie.fitzpatrick@victimssupportsco.org.uk](mailto:jackie.fitzpatrick@victimssupportsco.org.uk)  
Website: [www.victimssupportsco.org.uk](http://www.victimssupportsco.org.uk)

### Description

Confidential support for victims and families of victims of crime, even if crime has not been reported to police. We also offer a witness service which we will support you through court if you are the victim or a witness, we also help with forms for CICA.



## Vital Talk Orkney Counselling Service

### Contact Details

Location: The Life Centre, East Road, Kirkwall, KW15 1LX  
Telephone: 07510 927444  
Email: enquiries@vitaltalk.co.uk  
Website: www.orkneycommunities.co.uk/vitaltalk

### Description

Vital Talk offers professional counselling for adults (16 and over) affected by a wide range of life difficulties, including anxiety and depression. Christian counselling also available on request. Confidential service. Open to all. No charges, however all donations, no matter how small, gratefully accepted.

## Voluntary Action Orkney

### Contact Details

Location: Anchor Buildings, 6 Bridge Street, Kirkwall, KW15 1HR  
Telephone: 01856 872897  
Email: enquiries@vaorkney.org.uk  
Website: www.vaorkney.org.uk  
Facebook: VoluntaryActionOrkney



### Description

VAO is Orkney's Third Sector Interface and offers a broad range of support services to new, developing and established voluntary and community organisations and social enterprises. VAO also offers volunteering opportunities including to those with support needs, administers the youth volunteering Saltire Award and facilitates the Youth Workers Forum. VAO is committed to partnership working within and between sectors primarily through the Third Sector Forum and membership of 38 local and national partnerships.

VAO also manages two projects that support young people: the Children and Young People's Befriending Service and Connect.

## Women's Aid Orkney

### Contact Details

Location: c/o Orkney Housing Association, Victoria Street, Kirkwall, KW15 1DN  
Telephone: 01856 877900  
Email: info@womensaidorkney.org.uk  
Website: www.womensaidorkney.org.uk  
Facebook: womensaidorkney



### Description

Women's Aid Orkney provides a confidential support service for women and children who have been affected by domestic abuse.

## Young People's Befriending Project Voluntary Action Orkney

### Contact Details

Location: Voluntary Action Orkney, Anchor Buildings, 6 Bridge Street, Kirkwall, KW15 1HR  
Telephone: 01856 872897  
Email: hannah.rendall@vaorkney.org.uk  
Website: www.vaorkney.org.uk /young-peoples-befriending-project



### Description

The Young People's Befriending Project was established in 2007 and has been serving the local community in Orkney since. The Project exists to offer time to young people, aged 8-18, who are struggling with some aspects of their lives.

The project help activities that build their self-esteem, confidence, resilience and coping s to give them the opportunity to build a trusting relationship with a trained volunteer, while engaging in fun diversionary skills. Matches are 1 to 1 and tend to be for 2-3 hours fortnightly. We welcome referrals from all individuals and agencies.

# Ypeople Orkney - Young Persons' Supported Accommodation Service

Ypeople Orkney

## Contact Details

Telephone: 01856 879958  
Email: [orkney@ypeople.org.uk](mailto:orkney@ypeople.org.uk)  
Website: [www.ypeople.org.uk](http://www.ypeople.org.uk)  
Facebook: YPeopleOrkney  
Twitter: @ypeopleorkney

## Description

The Ypeople Orkney Young Persons' Supported Accommodation Service (YPSAS) provides supported accommodation services for homeless young people aged 16-25 in Orkney. This Care Inspectorate registered service is based at two premises, one at Glaitness Farmhouse in Kirkwall and the other at John Street in Stromness.

The service's aim is to provide a safe and secure environment to assist young people to acquire a range of independent living skills in their transition from homelessness into permanent tenancies. The service is funded by Orkney Islands Council and all referrals to the YPSAS are made through the OIC Homelessness Section.



Image by Bina Sveda

# Y-Talk Youth Counselling Service

Ypeople Orkney

## Contact Details

Location: 43 Junction Road, Kirkwall, KW15 1AR  
Telephone: 01856 875815  
Email: [y-talk@ypeople.org.uk](mailto:y-talk@ypeople.org.uk)  
Website: [www.ypeople.org.uk](http://www.ypeople.org.uk)  
Facebook: YPeopleOrkney  
Twitter: @ypeopleorkney

## Description

Ypeople Orkney is funded by Orkney Alcohol and Drugs Partnership to provide the Y-Talk Youth Counselling Service. Y-Talk is a free, professional, confidential and non-judgemental counselling service for all Orkney College students, children and young people living in Orkney.

Our professionally qualified counsellors can provide counselling support via Skype/VC, online chat and telephone, as well as face-to-face. The service is available at local schools, Orkney College and GP surgeries, as well as at our counselling offices in Kirkwall and Stromness.

Ypeople is an organisational member of the British Association for Counselling and Psychotherapy (BACP) and all of its counselling services operate and adhere to BACP Standards.



## Boys Brigade

### Contact Details

#### 1st Dounby Boys Brigade

Telephone: 01856 771522  
Email: breckquoy@talktalk.net

#### 1st Finstown Boys Brigade

Location: The Glebe Firth, Finstown, KW15 1TT  
Telephone: 01856 761673  
Email: glebe.firth@btinternet.com

#### 1st Kirkwall Boys Brigade

Location: The Boys Brigade Hall, Meadowbank, Kirkwall, KW15 1QJ  
Telephone: 01856 875160  
Email: kirkwallbb@aol.co.uk  
Website: www.boys-brigade.org.uk  
Facebook: 1st Kirkwall Company Boys' Brigade

### Description

The Boys' Brigade engages with over 50,000 children and young people providing opportunities to meet together in their communities and engage in a range of fun and developmental activities.

We believe that empowering children and young people is important and do this by involving them in decision making at all levels of the BB and giving responsibility appropriate to their age and aptitude.

What we do enables children and young people to engage with the needs of others (especially other young people) locally, nationally and globally and encouraging them to participate in activities and projects in which they can make a difference.

## Dounby Toddler Group

### Contact Details

Location: Dounby Centre, Dounby, KW17 2HT  
Telephone: 01856 771606  
Email: carolinecorrigan@btinternet.com

## Firth Parent & Toddler Group

### Contact Details

Location: Firth Community Centre, Old Finstown Road, Finstown  
Telephone: 01856 761416

## Friends of Guiding Kirkwall

### Contact Details

Location: Girl Guide Hall, Thoms Street, Kirkwall, KW15 1PF  
Facebook: Friends of Guiding Kirkwall

### Description

We are a group of Rainbow/Brownie/Guide parents who meet 4 times per year to oversee the running and maintenance of the Guide Hall. New faces are welcome - please get in touch through Facebook.



## Girlguiding Orkney

### Contact Details

Location: Stonelea, Stenness, KW16 3JX  
Telephone: 01856 851342  
Email: carol@linklaterengineering.co.uk  
Website: www.girlguidingorkney.org.uk

### Description

Girlguiding Orkney as part of a world-wide movement, enables girls and young women to fulfil their potential to take an active role in society through its distinctive and enjoyable programme of activities delivered by trained volunteers.

Wherever you are in Orkney there will be a unit not too far away. Please visit the website for more information on local Guides, Brownies and Rainbow units.

## Holm Parent and Toddler Group

### Contact Details

Location: Holm Hall, Back Road, Holm  
Telephone: 01856 741283  
Email: tfoub2000@yahoo.co.uk  
Facebook: Holm Playgroup

### Description

A friendly, fun group for pre-school children and their parents/carers. With snacks, crafts and toys for the kids and tea/coffee for the adults.



## Orkney Army Cadet Force (Lovat Scouts)

### Contact Details

Location: Army Reserve Centre, Weyland Park, Kirkwall, 1LP  
Telephone: 01856 872661  
Website: www.armycadets.com/orkneyacf

### Description

A youth organisation for young people aged 12 to 18 with a focus on fun, friendship, action and adventure with cadets taking part in activities such as first aid, military knowledge, navigation, drill and turnout, expedition training, marksmanship, pipes and drums, physical recreation, adventure training and community assistance.

## Orkney Association of Youth Groups

### Contact Details

Location: 8 Kirklands Road, Kirkwall, KW15 1EU

## Orkney District Scouts

### Contact Details

Location: The Scout Hall, Junction Road, Kirkwall, KW15 1AX  
Telephone: 01856 870728  
Email: orkneyscouts@btinternet.com  
Website: www.orkneyscouts.org.uk  
Facebook: orkneyscouts  
Twitter: @orkneyscouts

## Orkney Field Club

### Contact Details

Location: Queenamidda, Rendall, KW17 2PA  
Email: hewin7@btinternet.com  
Website: [www.orkneycommunities.co.uk/FIELDCLUB](http://www.orkneycommunities.co.uk/FIELDCLUB)

### Description

We are a local registered charitable organisation (Scottish Charity No SCO12459) engaged in conserving, recording and enjoying Orkney's flora, fauna and natural landscape. We organise talks, workshop sessions and field trips and membership is open to all. We hold family-friendly events and advertise meetings via local media and online.

## Orphir Parent & Toddler Group

### Contact Details

Location: Orphir Community School, Orphir, KW17 2RB  
Telephone: 01856 811265  
Email: [admin.orphir@glow.orkneyschools.org.uk](mailto:admin.orphir@glow.orkneyschools.org.uk)

### Description

Orphir Parent and Toddler Group is a well-resourced group for children (up to the age of three) and their parents to meet and play. We meet in the Orphir Community School during the school term. Contact the Secretary at the School for up-to-date contact details for the group.



## Peedie Pandas

### Contact Details

Location: The Hope Kirk, Church Road,  
St Margaret's Hope, KW17 2SR  
Telephone: 01856 831706  
Email: [margaret.laughton@btinternet.com](mailto:margaret.laughton@btinternet.com)  
Website: [www.orkneycommunities.co.uk/SRBPC](http://www.orkneycommunities.co.uk/SRBPC)

### Description

Monday 10am-12noon. £1.00 per child. Meets every Monday throughout the year. All pre-school children, from birth, are welcome to attend - accompanied by their parents, grandparents and carers, at any time during the session. Puppet and Rhyme session starts at 11.15am and consists of rhymes, actions and parachute play, with the children encouraged and accompanied by the adults. This structured session lasts for about 20 mins.

There is also a lively, loud music and movement session, enthusiastically enhanced by the children playing percussion instruments! Story and toy time follows and the soft play room is also available.

## Saturday Drop-In (Sanday)

### Contact Details

Telephone: 01857 600461  
Email: [gail.speers1@gmail.com](mailto:gail.speers1@gmail.com)

### Description

The drop-in runs most Saturdays from 2.30-4.30pm for all ages and children under 9 must be accompanied by an adult. There are lots of fun things for the children to do. There is table football, pool, darts, xbox, wii, indoor bowls, pacman, a craft area and free wifi.

There is a tuck shop where we also provide hot drinks, toasties, soft drinks and snacks. This drop-in is very popular and new attendees are always welcome!

## Shapinsay 8's & Under Play Group

### Contact Details

Location: Lucknow, Shapinsay, KW17 2EB  
Telephone: 01856 711730  
Email: cazbird71@yahoo.co.uk

## St Andrews Playgroup

### Contact Details

Location: St Andrews Community Centre, Tankerness, KW17 2QS  
Telephone: 01856 741262  
Email: mhari\_leslie@hotmail.com

## St Magnus Parent & Toddler Group

### Contact Details

Location: St Magnus Centre, Palace Road, Kirkwall, KW15 1PA  
Telephone: 07796 858569

## St Margaret's Hope Playgroup

### Contact Details

Location: Hope Primary School, St Margaret's Hope, KW17 2TN  
Facebook: Hope & Burray Playgroup

### Description

Play group for 0-5 year olds which meets on Tuesdays and Fridays during term time from 10am -12 noon.

The cost is £1 per child and 50p for subsequent children. A Snack and water/milk is provided.

## Stenness Parent & Toddler Group

### Contact Details

Location: Stenness Community School, Stenness, KW16 3LB  
Facebook: Stenness Parents and Toddlers (Group)

### Description

Stenness Parents and Toddlers meet every Wednesday at 10am in the Stenness Community School. Everyone is welcome to join us for play, a cuppa and a chat.

## Stromness Toddlers

### Contact Details

Location: Stromness Community Centre, Church Road, Stromness, KW16 3BA  
Email: stromnesstoddlers@hotmail.co.uk  
Facebook: Stromness Toddlers

## Stronsay Parent & Toddler Group

### Contact Details

Location: Stronsay Community Centre, Stronsay, KW17 2EA  
Telephone: 01857 616255  
Email: angewilliamson@hotmail.co.uk  
Facebook: Stronsay playgroup

### Description

A weekly session for children from birth to school age held from 1:30-3pm during term-time. Friendly & informal, a chance for children to play, socialise, do crafts & have fun whilst parents/minders can have a cuppa & chat & enjoy time with their children too.

## Westray Parish Kirk Youth Group

### Contact Details

Location: c/o The Manse, Hilldavale, Westray, KW17 2DW  
Telephone: 01857 677357  
Email: idmacdonald@btinternet.com  
Website: www.orkneycommunities.co.uk/westraypapaychurch

### Description

The Youth Group is open to everyone of secondary school age and older teenagers. It aims to provide a safe and supportive environment for learning, fellowship and sharing amongst young people. Most meetings are on Fridays from 7.30 - 10pm in Westray Parish Kirk.

We are partnered with youth groups in Njeresha (Malawi) and North Lambeth (central London). We encourage the membership to shape their own programme and use discussion groups, film, games, art and crafts, trips etc. to explore issues of contemporary relevance.

## Youth Clubs

### Contact Details

Telephone: 01856 873535  
Email: kerry.spence@orkney.gov.uk  
Website: www.orkney.gov.uk/Service-Directory/Y/Youth-Work.htm  
Facebook: CLD Orkney

### Description

The Community Learning & Development Service run over 20 youth clubs throughout Orkney supported by almost 60 part-time workers and volunteers, offering regular activities, socialising opportunities and fun for various age groups. The service also run various other youth events and youth projects throughout the County.

## Deerness Drama Group

### Contact Details

Location: Deerness Community Centre, Deerness, KW17 2QH

### Description

To provide those with an interest in acting an opportunity to learn more about the art and take part in a large show every second year. It is open to all living in Deerness and the neighbouring parishes, sometimes a play is entered in the Orkney district preliminary festival.

## Drama & Performance

### 59 North 3 west

### Contact Details

Location: Stromness Community Centre, Church Road,  
Stromness, KW16 3BA  
Telephone: 07952 299341  
Email: jemimasinclair1@aol.com  
Facebook: 59 North 3 West

### Description

We are a Stromness based drama company, delivering drama classes and customised workshops for all members of the community.

We specialise in fully inclusive drama education for children and adults of all capabilities and ages, corporate events, theatre productions and story telling. We also offer a freelance consultancy service for those looking for advice for productions and events.

Delivered by Jemima Sinclair, a qualified drama practitioner in Orkney. For further enquiries on all our services or on how we can help you, please contact Jemima.



## Highland Dancing

### Contact Details

Location: Cara, Grimness, South Ronaldsay, Orkney  
Telephone: 018756 831236

## Orkney Strathspey & Reel Society

### Contact Details

Telephone: 01856 872287

### Description

The society holds practices every week (Thursday) in The Reel, Broad Street. We encourage young and older players of traditional music to come along. We also perform in concerts locally. The times of practice are:- Junior Section 7 - 8pm Senor Section 8 - 10pm

## Orkney Traditional Dance Association

### Contact Details

Telephone: 01856 791359  
Email: mabel.besant775@btinternet.com  
Website: www.orkneycommunities.co.uk/otda

### Description

OTDA are a volunteer group who hold dance events in Orkney including weekly evenings with a tutor and live band. We organize Orkney Ceilidh Weekend which is held each April.

Our aim is to promote, expand and preserve the traditions of dance in Orkney. All events are on our web-pages. No age or ability barrier. Everyone is welcome.

## Pier Arts Centre

### Contact Details

Location: Victoria Street, Stromness, KW16 3AA  
Telephone: 01856 850209  
Email: shona.flanagan@pierartscentre.com  
Website: www.pierartscentre.com  
Facebook: The Pier Arts Centre

## Shapinsay Music Club

### Contact Details

Location: Shapinsay Community School, Shapinsay, KW17 2DS  
Telephone: 07784 561142

### Description

Traditional music club for players of all abilities.

## Soulisquoy Printmakers Ltd

### Contact Details

Location: Buckquoy, Harray, KW17 2JS  
Telephone: 01856 761508  
Email: carol.dunbar@btinternet.com

### Description

Provides open access printmaking facilities for artistic students, young people and the wider community through workshops, open sessions, master classes, exhibitions and folio projects.

## St Andrews Drama Club

### Contact Details

Location: St Andrews Community Centre, Tankerness, KW17 2QU  
Telephone: 01856 877765  
Email: bruceandida@btinternet.com

### Description

St Andrews Drama Club is a small club who enjoy Amateur Dramatics. We take part in the annual Drama festival most years and also help to put on a pantomime on alternate years. We welcome anyone who is interested in acting, producing or the technical side of theatre to join us.

## Stromness Drama Club

### Contact Details

Location: c/o Newhaven, Stenness, KW16 3LA  
Telephone: 01856 761691  
Email: stromnessdramaclub@gmail.com  
Website: [www.orkneycommunities.co.uk/STOMNESSDRAMACLUB](http://www.orkneycommunities.co.uk/STOMNESSDRAMACLUB)

### Description

Stromness Drama Club is an amateur dramatics society serving the people of Stromness and round-about. The Club has a regular programme of events throughout the year, welcomes people of all ages and abilities to take part in its events and is keen to continue to develop and encourage participation in drama activities.

## The Orkney Folklore & Storytelling Centre

### Contact Details

Location: Based in Sandwick but outreach services provided  
Telephone: 01856 841207  
Email: [peatfire@orkneyattractions.com](mailto:peatfire@orkneyattractions.com)  
Website: [www.orkneyattractions.com](http://www.orkneyattractions.com)  
Facebook: Orkney Attractions



# Schools

Orkney has a school population of approximately 3,000. There are two senior secondary schools located in Kirkwall and Stromness. Three Junior High Schools, located on Westray, Sanday and Stronsay, provide education from nursery up to secondary school fourth year.

There are 17 Primary Schools and a Halls of Residence, located in Kirkwall, to permit island pupils to attend Kirkwall Grammar School. The Council encourages wide community use of the school estate, recognising school buildings as a valuable community asset. Of the Council's 17 primary schools, 15 are designated as community schools and there is some community use of all our schools.

## Primary Schools

### Burray Primary School

Location: Burray, KW17 2SS

Telephone: 01856 731208

Email: [admin.burray@glow.orkneyschools.org.uk](mailto:admin.burray@glow.orkneyschools.org.uk)

Website: [www.vikingnewmedia.net/burray](http://www.vikingnewmedia.net/burray)

### Dounby Primary School

Location: Dounby, KW17 2JA

Telephone: 01856 771234

Email: [admin.dounby@glow.orkneyschools.org.uk](mailto:admin.dounby@glow.orkneyschools.org.uk)

Website: [www.orkney.co/dounbycs](http://www.orkney.co/dounbycs)

### Eday Community School

Location: Eday, KW17 2AA

Telephone: 01857 622227

Email: [admin.eday@glow.orkneyschools.org.uk](mailto:admin.eday@glow.orkneyschools.org.uk)

Website: [www.eday.orkney.sch.uk](http://www.eday.orkney.sch.uk)

### Evie Primary School

Location: Evie, KW17 2PE

Telephone: 01856 751237

Email: [admin.evie@glow.orkneyschools.org.uk](mailto:admin.evie@glow.orkneyschools.org.uk)

Website: [www.evie.orkney.sch.uk](http://www.evie.orkney.sch.uk)

### Firth Primary School

Location: Finstown, KW17 2ES

Telephone: 01856 761212

Email: [admin.firth@glow.orkneyschools.org.uk](mailto:admin.firth@glow.orkneyschools.org.uk)

Website: [www.firth.orkney.sch.uk](http://www.firth.orkney.sch.uk)

### Glaitness School

Location: Pickaquoy Road, Kirkwall, KW15 1RP

Telephone: 01856 873648

Email: [admin.glaitness@glow.orkneyschools.org.uk](mailto:admin.glaitness@glow.orkneyschools.org.uk)

Website: [www.glaitness.orkney.sch.uk](http://www.glaitness.orkney.sch.uk)

### Hope Primary School

Location: St Margaret's Hope, KW17 2TN

Telephone: 01856 831217

Email: [admin.hope@glow.orkneyschools.org.uk](mailto:admin.hope@glow.orkneyschools.org.uk)

Website: [www.vikingnewmedia.net/hope](http://www.vikingnewmedia.net/hope)

### North Walls Community School

Location: Lyness, Hoy, KW16 3NX

Telephone: 01856 791246

Email: [admin.northwalls@glow.orkneyschools.org.uk](mailto:admin.northwalls@glow.orkneyschools.org.uk)

Website: [www.northwalls.orkney.sch.uk](http://www.northwalls.orkney.sch.uk)

### Orphir Community School

Location: Orphir, KW17 2RF

Telephone: 01856 811265

Email: [admin.orphir@glow.orkneyschools.org.uk](mailto:admin.orphir@glow.orkneyschools.org.uk)

Website: [www.orphir.orkney.sch.uk](http://www.orphir.orkney.sch.uk)

Facebook: [www.facebook.com/OrphirCommunitySchool](http://www.facebook.com/OrphirCommunitySchool)

### Papa Westray Primary School

Location: Papa Westray, KW17 2BU

Telephone: 01857 644226

Email: [admin.papawestray@glow.orkneyschools.org.uk](mailto:admin.papawestray@glow.orkneyschools.org.uk)

Website: [www.papawestray.orkney.sch.uk](http://www.papawestray.orkney.sch.uk)

### **Papdale Primary School**

Location: Kirkwall, KW15 1PJ

Telephone: 01856 872650

Email: [admin.papdale@glow.orkneyschools.org.uk](mailto:admin.papdale@glow.orkneyschools.org.uk)

Website: [www.orkney.co/papdale](http://www.orkney.co/papdale)

### **Rousay Primary School**

Location: Rousay, KW17 2PR

Telephone: 01856 821226

Email: [admin.rousay@glow.orkneyschools.org.uk](mailto:admin.rousay@glow.orkneyschools.org.uk)

Website: [www.rousay.orkney.sch.uk](http://www.rousay.orkney.sch.uk)

### **Shapinsay Primary School**

Location: Shapinsay, KW17 2DY

Telephone: 01856 711218

Email: [admin.shapinsay@glow.orkneyschools.org.uk](mailto:admin.shapinsay@glow.orkneyschools.org.uk)

Website: [www.shapinsayschool.org](http://www.shapinsayschool.org)

### **St Andrews Primary School**

Location: Toab, KW17 2QU

Telephone: 01856 861256

Email: [admin.standrews@glow.orkneyschools.org.uk](mailto:admin.standrews@glow.orkneyschools.org.uk)

Website: [www.st-andrews.orkney.sch.uk](http://www.st-andrews.orkney.sch.uk)

Facebook: [www.facebook.com/StAndrewsPS/#](https://www.facebook.com/StAndrewsPS/#)

### **Stenness Primary School**

Location: Stenness, KW16 3LB

Telephone: 01856 850212

Email: [admin.stenness@glow.orkneyschools.org.uk](mailto:admin.stenness@glow.orkneyschools.org.uk)

Website: [www.stenness.orkney.sch.uk](http://www.stenness.orkney.sch.uk)

### **Stromness Primary School**

Location: Cairston Road, Stromness, KW16 3JS

Telephone: 01856 850544

Email: [admin.sps@glow.orkneyschools.org.uk](mailto:admin.sps@glow.orkneyschools.org.uk)

Website: [www.stromness-pri.orkney.sch.uk](http://www.stromness-pri.orkney.sch.uk)

## **Junior High Schools**

### **Sanday Community School**

Location: Sanday, KW17 2AY

Telephone: 01857 600228

Email: [admin.sanday@glow.orkneyschools.org.uk](mailto:admin.sanday@glow.orkneyschools.org.uk)

Website: <http://sandayschool.weebly.com/>

### **Stronsay Junior High School**

Location: Stronsay, KW17 2AE

Telephone: 01857 616246

Email: [admin.stronsay@glow.orkneyschools.org.uk](mailto:admin.stronsay@glow.orkneyschools.org.uk)

Website: <http://stronsay-jh.blogspot.co.uk/>

### **Westray Junior High School**

Location: Pierowall, Westray, KW17 2DH

Telephone: 01857 677353

Email: [admin.westray@glow.orkneyschools.org.uk](mailto:admin.westray@glow.orkneyschools.org.uk)

Website: [www.westrayjuniorhigh.co.uk](http://www.westrayjuniorhigh.co.uk)

## **Secondary Schools**

### **Kirkwall Grammar School (KGS)**

Location: Kirkwall, KW15 1QN

Telephone: 01856 872102

Email: [admin.kgs@glow.orkneyschools.org.uk](mailto:admin.kgs@glow.orkneyschools.org.uk)

Website: [www.kgsorkney.com](http://www.kgsorkney.com)

### **Stromness Academy**

Location: Stromness, KW16 3JS

Telephone: 01856 850660

Email: [admin.sa@glow.orkneyschools.org.uk](mailto:admin.sa@glow.orkneyschools.org.uk)

Website: [www.stromnessacademy.org.uk](http://www.stromnessacademy.org.uk)

## Childminders

### Contact Details

Telephone: 01856 873535  
Website: [www.orkney.gov.uk/Service-Directory/P/childminders.htm](http://www.orkney.gov.uk/Service-Directory/P/childminders.htm)

### Description

Please visit the Orkney Islands Council website for details of registered childminders.

## Connect Project Voluntary Action Orkney

### Contact Details

Location: Voluntary Action Orkney, Anchor Buildings,  
6 Bridge Street, Kirkwall, KW15 1HR  
Telephone: 01856 872897  
Email: [lindsey.johnson@vaorkney.org.uk](mailto:lindsey.johnson@vaorkney.org.uk)  
Website: [www.vaorkney.org.uk](http://www.vaorkney.org.uk)



### Description

The Connect Project is an early intervention project that offers young people aged 15-21 years, who have significant barriers to learning and engaging in the community, up to one year's access to a flexible and person-centred learning/training programme, through one to one support and group work. The project works with young people who require More Choices More Chances, coordinating Activity Agreements in line with Opportunities for All.

Through the mix of one to one support and innovative sessions, young people will develop a range of skills – for example, confidence, self-efficacy, self-esteem, motivation, communication skills, social skills, independent living skills, money management and employability skills, as well as meeting personal targets. Young people will also have the opportunity to engage with the local college and other learning centres to develop their skills and gain recognised and relevant qualifications. **(continued on next page)**

The project has dedicated and qualified staff to support young people, these include a Project Coordinator, 2 in Project Support Workers, 1 Outreach Worker, 1 Autism Support Worker and a Self-Directed Support Project Worker. The project is open to young people Monday – Thursday 9.30- 3.30 and Friday 9.30-12.30. Attendance at the project is flexible to meet the young people's needs. Young people who attend the project may be eligible for Educational Maintenance Allowance.



## Duke of Edinburgh Award Orkney Islands Council

### Contact Details

Location: Duke of Edinburgh Award, Orkney Islands Council,  
Dept of Education & Recreation, Kirkwall, KW15 1NY  
Telephone: 01856 873535  
Email: [walter.gorman@orkney.gov.uk](mailto:walter.gorman@orkney.gov.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## In School Counselling

Kirkwall Grammar School & Stromness Academy

### Contact Details

Location: Kirkwall Grammar School  
The Meadows, Kirkwall, KW15 1QN  
Telephone: 07703 756649  
Email: rena.te.therapy@gmail.com  
Website: www.kgsorkney.com

Location: Stromness Academy  
Stromness, KW16 3JG  
Telephone: 07960 745004  
Email: june.therapy@gmail.com  
Website: www.stromnessacademy.org.uk

### Description

Confidential, free and 'In School' Counselling service for young people. Counsellors are fully qualified and registered with the Professional Standards Authority to offer talking and creative arts therapies and all work in a non-judgemental and person centred way. Referrals can be made by the pupils themselves, through the Guidance Teachers, by parents or by other professionals using the contact details above. There is a discrete self referral process at each school for pupils, who prefer not to discuss their issues with anyone else. We also offer Peer Mentor training by arrangement with the individual schools.

## Orkney College UHI

### Contact Details

Location: East Road, Kirkwall, KW15 1LX  
Telephone: 01856 569000  
Email: orkney.college@uhi.ac.uk  
Website: www.orkney.uhi.ac.uk  
Facebook: OrkneyCollegeUHI

## Papdale Halls of Residence

Orkney Islands Council

### Contact Details

Location: Papdale Road, Kirkwall, KW15 1QN  
Telephone: 01856 876060  
Email: admin.papdalehalls@orkney.gov.uk  
Website: www.orkney.gov.uk

### Description

Papdale Halls of residence provide accommodation for secondary school students from both the North and South Isles to enable them to complete their education at Kirkwall Grammar School.

## Peedie Breeks Nursery

### Contact Details

Location: Berstane Road, Kirkwall, KW15 1NA  
Telephone: 01856 871113  
Email: peedie.breeks1@gmail.com  
Facebook: Peedie Breeks Nursery

### Description

We offer daycare nursery for babies and children up to 5 years. We are open Monday to Friday 8-5.30pm. We have a team of qualified staff who help care for your child. They help promote your child's learning through their interests. We offer a healthy home cooked meal everyday and nutritious snacks.

## Peedie Breeks Out of School Club

### Contact Details

Location: Berstane Road, Kirkwall, KW15 1NA  
Telephone: 01856 871113  
Email: peedie.breeks1@gmail.com  
Facebook: Peedie Breeks Out of Schools Club

### Description

Our out of school club and holiday club offers care for children out with school times. We can pick up from Papdale and Glaitness schools. We offer the children lots of physical play experiences. In the holidays the children are offered lots of different experiences and chances to visit local areas of interests.

## The Strynd Nursery

### Contact Details

Location: The Strynd, Kirkwall, KW15 1HG  
Telephone: 01856 875484  
Email: admin.stryndnursery@glow.orkneyschools.org.uk  
Facebook: The Strynd Nursery

## UHI Archaeology Institute

### Contact Details

Location: East Road, Kirkwall, KW15 1LX  
Telephone: 01856 569225  
Email: studyarchaeology@uhi.ac.uk  
Website: www.uhi.ac.uk/archaeology  
Facebook: Archaeology Institute UHI

### Description

The University of the Highlands and Islands Archaeology Institute has a strong commitment to outreach and training - placing archaeology (continued on next page)

in the community and using our experience to train local volunteers in archaeological techniques. We have a dedicated Lifelong Learning and Outreach Archaeologist who has developed close links with both local groups and national funding organisations enabling communities to develop their own outreach and training programmes.

## Youth Work Awards: Dynamic Youth Awards & Youth Achievement Awards OIC Community Learning and Development

### Contact Details

Location: Orkney Islands Council, School Place,  
Kirkwall, KW15 1NY  
Telephone: 01856 873535 ext 2423  
Email: walter.gorman@orkney.gov.uk  
Website: www.orkney.gov.uk/Service-Directory/Y/Youth-Work.htm

### Description

The CLD Service aims to help young people make informed choices through participation in youth clubs, youth events and project work with accreditation & recognition offered through Dynamic Youth Awards & Youth Achievement Awards. We also work jointly with schools and other partners to promote, run & moderate both these Award programmes.

You can join a local youth club where you can take part in a variety of activities and projects which may lead to awards. There are youth clubs all over Orkney. You normally join a junior youth club from the age of eight; or a senior youth club from 12, although there are local variations. These Awards can also be done through your local school.



# Health

## Hospital

### Balfour Hospital

Location: New Scapa Road, Kirkwall, KW15 1BH

Telephone: 01856 888 000

Website: [www.ohb.scot.nhs.uk](http://www.ohb.scot.nhs.uk)

## GP Surgeries

### Daisy Villa

Location: St. Margaret's Hope, KW17 2SN

Telephone: 01856 831206

Email: [enquiries@daisyvilla.co.uk](mailto:enquiries@daisyvilla.co.uk)

Website: [www.daisyvilla.co.uk](http://www.daisyvilla.co.uk)

### Flebister House Surgery

Location: Sanday, KW17 2BW

Telephone: 01857 600221

### Flotta Surgery

Location: Springbank, Flotta, KW16 3NP

Telephone: 01856 701769

### Geramount Surgery

Location: Stronsay, KW17 2AE

Telephone: 01857 616321

Email: [ork-hb.gp38099-stronsay@nhs.net](mailto:ork-hb.gp38099-stronsay@nhs.net)

### Greystones Surgery

Location: Evie, KW17 2PQ

Telephone: 01856 751283

### Heatherlea

Location: Eday, KW17 2AB

Telephone: 01857 622243

### Heilendi Practice

Location: Scapa Crescent, Kirkwall, KW15 1RL

Telephone: 01856 872388

Website: [www.heilendipractice.co.uk](http://www.heilendipractice.co.uk)

### Hoy & Walls Health Centre

Location: Longhope, KW16 3PA

Telephone: 01856 701209

Email: [ork-hb.longhopesurgery@nhs.net](mailto:ork-hb.longhopesurgery@nhs.net)

Website: [www.hoyorkney.com/HoyandWalls/health.html](http://www.hoyorkney.com/HoyandWalls/health.html)

### Islands View Surgery

Location: Rousay, KW17 2PU

Telephone: 01856 821265

Email: [ork-hb.gp38084-rousay@nhs.net](mailto:ork-hb.gp38084-rousay@nhs.net)

### Linklet House

Location: North Ronaldsay, KW17 2BE

Telephone: 01857 633226

Website: [www.heilendipractice.co.uk](http://www.heilendipractice.co.uk)

### Shapinsay Health Centre

Location: Balfour Village, Shapinsay, KW17 2DY

Telephone: 01856 711284

Website: [www.heilendipractice.co.uk](http://www.heilendipractice.co.uk)

### Skerryvore Practice

Location: Health Centre, New Scapa Road, Kirkwall, KW15 1BX

Telephone: 01856 888240

Website: [www.skerryvorepractice.co.uk](http://www.skerryvorepractice.co.uk)

### The Surgery (Dounby)

Location: Dounby, KW17 2HH

Telephone: 01856 771209

Email: [orkney.dounbysurgery@nhs.net](mailto:orkney.dounbysurgery@nhs.net)

Website: [www.dounbysurgery.co.uk](http://www.dounbysurgery.co.uk) ● Facebook: Evie Branch Surgery

### The Surgery (Papa Westray)

Location: St. Ann's Kirk, Papa Westray, KW17 2BU

Telephone: 01857 644227

### The Surgery (Stromness)

Location: John Street, Stromness, KW16 3AD

Telephone: 01856 850205

Website: [www.stromnesssurgery.co.uk](http://www.stromnesssurgery.co.uk)

### Trenabie House Surgery

Location: Westray, KW17 2DL

Telephone: 01857 677209

Website: [www.westray-surgery.co.uk](http://www.westray-surgery.co.uk)





## British Red Cross Orkney

### Contact Details

Location: 4 Victoria Road, Kirkwall, KW15 1DZ  
Telephone: 01856 975372  
Email: samanthapayne@redcross.org.uk  
Website: www.redcross.org.uk

### Description

The Orkney British Red Cross provides support at home, transport and mobility aids to help people when they face a crisis in their daily lives. If you need help with transport to and from medical appointments, help with shopping or other everyday tasks or would like to hire a wheelchair please get in touch. We also have guesthouses in Kirkwall and Aberdeen for folk who are visiting relatives or in transit between hospital appointments. Kirkwall Guesthouse Reservations: 01856 875372; Aberdeen Guesthouse Reservations: 01224 592226.

## Community Mental Health Team NHS Orkney

### Contact Details

Location: Balfour Hospital, Kirkwall, KW15 1BH  
Telephone: 01856 888280  
Website: www.ohb.scot.nhs.uk

### Description

The Orkney Community Mental Health Team, is made up of a psychiatrist, community psychiatric nurses, psychologist, occupational therapist and social work professionals who work with individuals that are experiencing moderate to severe/complex mental health issues, usually long-standing and/or recurrent in nature with significant risks and impact on daily living or occupational functioning. For example; severe depression, psychosis and eating disorders.

(continued on next page)

Within the Community Mental Health Team there are specialists who work with children and adolescents, adults of working age, substance misuse and older adults. Their role is one of assessment, treatment and support for these individuals and they work cooperatively with other services dependent on an individual's needs.

## NHS Orkney

### Contact Details

Location: Garden House, New Scapa Road, Kirkwall, KW15 1BQ  
Telephone: 01856 888000  
Email: ork-hb.feedback@nhs.net  
Website: www.ohb.scot.nhs.uk

## NHS Paediatric Physiotherapy

### Contact Details

Location: Peedie Sea Childrens Centre, Pickaquoy Loan, Kirkwall, KW15 1BZ  
Telephone: 01856 885592  
Email: penny.martin@nhs.net  
Website: www.ohb.scot.nhs.uk

## Nordhaven Clinic

### Contact Details

Location: Health Centre, New Scapa Road, Kirkwall, KW15 1BH  
Telephone: 01856 888917  
Website: www.nordhavenclinic.co.uk  
Facebook: Nordhaven Clinic

### Description

We offer free confidential sexual health advice and treatment including advice on contraception and sexually transmitted infections.

## Orkney Health and Care

### Contact Details

Location: Paterson Building, School Place, Kirkwall, KW15 1NY  
Telephone: 01856 873535 / 01856 888000  
Email: [ohacfeedback@orkney.gov.uk](mailto:ohacfeedback@orkney.gov.uk)  
Website: [www.orkney.gov.uk/Service-Directory/S/orkney-health-and-care.htm](http://www.orkney.gov.uk/Service-Directory/S/orkney-health-and-care.htm)  
Facebook: [oiupdates / nhsorkney](https://www.facebook.com/oiupdates/)

### Description

Orkney Health and Care (OHAC) is a partnership between Orkney Islands Council and NHS Orkney. The Partnership aims to improve and develop social care, community health and wellbeing. We want to provide the best possible care for people in Orkney, wherever they live and whatever their circumstances.

## Paediatric Occupational Therapy NHS Orkney

### Contact Details

Location: Peedie Sea Children's Centre, Pickaquoy Loan,  
Kirkwall, KW15 1BZ  
Telephone: 01856 885593  
Email: [jacqui.hirst@nhs.net](mailto:jacqui.hirst@nhs.net)

### Description

The Paediatric Occupational Therapist service supports children and young people with additional support needs to manage everyday living. This can include specialist equipment for bathrooms, kitchens and schools; strategies to manage co-ordination or writing difficulties; therapy for specific challenges as required. Further information available from the team at the Peedie Sea Children's Centre.

## RVS Orkney Patient Escort Service

### Contact Details

Telephone: 01856 761366  
Email: [catherineprice465@btinternet.com](mailto:catherineprice465@btinternet.com)

### Description

Royal Voluntary Service Patient Escort Service provides personalised door-to-door volunteer support to NHS patients requiring treatment in locations away from the Islands. Assisting with the practicalities and logistics of your journey, and ensuring that you safely arrive at your destination and/or back home again. Please contact your GP for further information and to arrange an escort.

## School Health Service

### Contact Details

Location: Health Centre, New Scapa Road, Kirkwall, KW15 1BX  
Telephone: 01856 888262  
Email: [ork-hb.schoolnurses@nhs.net](mailto:ork-hb.schoolnurses@nhs.net)  
Website: [www.ohb.scot.nhs.uk](http://www.ohb.scot.nhs.uk)  
Facebook: SHC\_Orkney

### Description

We support school age children and young people with health issues which may impact on their education. We provide a link between home, school and health services.

## Scottish Health Council in Orkney

### Contact Details

Name: Gerd Peters  
Location: Unit 8, Stromness Business Centre, Stromness, KW16 3AJ  
Telephone: 01856 851578  
Email: [gerd.peters@scottishhealthcouncil.org](mailto:gerd.peters@scottishhealthcouncil.org)  
Website: [www.scottishhealthcouncil.org](http://www.scottishhealthcouncil.org)  
Facebook: Scottish Health Council: Orkney Local Office

### Description

Scottish Health Council is a directorate of Healthcare Improvement Scotland. (<http://www.healthcareimprovementscotland.org>). We provide proactive and tailored support to develop public participation in health and social care.

## Speech and Language Therapy NHS Orkney

### Contact Details

Location: Kirkwall Health Centre, New Scapa Road,  
Kirkwall KW15 1BX  
Telephone: 01856 888239  
Email: [orkney.speechandlanguagetherapy@nhs.net](mailto:orkney.speechandlanguagetherapy@nhs.net)

### Description

Speech and language therapy provides assessment, treatment, support and care for children and adults who have difficulties with communication, or with eating, drinking and swallowing. The paediatric speech and language therapists see children and young people in clinic or other settings (such as school or home) depending on where it is most helpful to provide support.

We have an open referral system – please contact us directly if you would like general advice or if you have concerns that require specific help. If you would like to look for information online, we recommend these excellent websites: [www.thecommunicationtrust.org.uk](http://www.thecommunicationtrust.org.uk) and [www.talkingpoint.org.uk](http://www.talkingpoint.org.uk)

## Emergency Services and Community Safety

### Coastguard

Location: Knab Road, Lerwick, Shetland, ZE1 0AX  
Telephone: 999 (emergency)  
01595 692976  
Website: [www.mcga.gov.uk](http://www.mcga.gov.uk)

### Police Scotland (Orkney)

Location: Burgh Road, Kirkwall, KW15 1AH  
Telephone: 999 (emergency)  
101 (non emergency)

### Scottish Fire Service (Orkney)

Location: Please visit the website for details of local Fire Stations.  
Telephone: 999 (emergency)  
01856 875428  
Website: [www.firescotland.gov.uk](http://www.firescotland.gov.uk)

### Scottish Ambulance Service

Telephone: 999 (emergency)

## Hoy Centre

### Contact Details

Location: Hoy, Orkney, KW16 3NJ  
Telephone: 01856 873535 ext 2901  
Website: [www.hostel-scotland.co.uk/hostels/Hoy-Centre.htm](http://www.hostel-scotland.co.uk/hostels/Hoy-Centre.htm)

## Junior Film Club Screen in the Square

### Contact Details

Location: The Cromarty Hall, Cromarty Square,  
St Margaret's Hope, KW17 2SN  
Telephone: 01856 831610  
Facebook: Junior Film Club

## Mobile Library - Orkney

### Contact Details

Telephone: 01856 873166  
Email: [library@orkney.gov.uk](mailto:library@orkney.gov.uk)  
Website: [www.orkneylibrary.org.uk](http://www.orkneylibrary.org.uk)

### Description

The mobile library serves all areas of Orkney with the exception of Papa Westray and North Ronaldsay. Visits are every 8 weeks.

## Orkney Fossil Centre

### Contact Details

Location: Viewforth, Burray, KW17 2SX  
Telephone: 01856 731255  
Email: [info@orkneyfossilcentre.co.uk](mailto:info@orkneyfossilcentre.co.uk)  
Website: [www.orkneyfossilcentre.co.uk](http://www.orkneyfossilcentre.co.uk)  
Facebook: Orkney Fossil and Heritage Centre

### Description

Open 7 days a week April - September, the Orkney Fossil & Heritage Centre has something for everyone! The heritage galleries explore wartime life in Orkney, how the Churchill Barriers were built and feature collections gathered by local people. The geology displays explain how the landscape formed and include 380 million year old fossils from Orkney and around the world. Take a Google Tour on our website!

The Heritage Tearoom serves soup and sandwich lunches, delicious cakes, and hot specials at weekends. The Gift Shop includes specialist books, Orkney music CDs, a great selection of locally made crafts and much more.

## Orkney Library and Archive

### Contact Details

Location: 44 Junction Road, Kirkwall, KW15 1AG  
Telephone: 01856 873166  
Email: [library@orkney.gov.uk](mailto:library@orkney.gov.uk)  
Website: [www.orkneylibrary.org.uk](http://www.orkneylibrary.org.uk)  
Facebook: Orkney Library & Archive

### Description

Orkney Library & Archive provides a wide range of services, many of them free of charge. We welcome everybody, whether a resident of Orkney or visitor and provide free internet access on our computers or free WiFi connection if you would rather use your own device. Orkney Archive is housed within the main building in Kirkwall and is the place to go if you want to learn about the history and culture of Orkney.

## Orkney Talking Newspaper

### Contact Details

Location: Orkney Library and Archive, 44 Junction Road, Kirkwall, KW15 1AG  
Telephone: 01856 873166  
Email: [orkneytalkingnewspaper@googlemail.com](mailto:orkneytalkingnewspaper@googlemail.com)  
Website: [www.orkneycommunities.co.uk/orkneytalkingnewspaper](http://www.orkneycommunities.co.uk/orkneytalkingnewspaper)

### Description

We provide weekly copies of articles from “The Orcadian” and quarterly copies of magazines using material from “The Orcadian”, “Living Orkney” and “Orkney Farmer” magazines. These recordings are available on CD, USB stick and by podcast through our website.

Our service is primarily for people with visual impairments but people with physical problems which make it difficult to hold a newspaper can also receive our recordings. Our recordings are offered free of charge and CD and USB stick players are available to listeners who need them.

## Orkney Wireless Museum

### Contact Details

Location: Kiln Corner, Kirkwall, KW15 1QX  
Telephone: 01856 871400  
Website: [www.orkneywirelessmuseum.org.uk](http://www.orkneywirelessmuseum.org.uk)

## Orkney Youth Cafe

### Contact Details

Location: Kirkwall and St Ola Community Centre, Broad Street, Kirkwall, KW15 1DH  
Telephone: 01856 886499  
Facebook: Orkney Youth-Cafe

### Description

The Orkney Youth Café is a drop-in service funded by Orkney Alcohol and Drugs Partnership. We open on Thursdays, Fridays and Saturdays to offer young people aged 11-21 a place to socialise with friends and enjoy a wide variety of fun activities as well as free Wi-Fi available. We also offer a signposting service to various organisations around Orkney. Previous projects include: a Retro Gaming Night, Mental Health Awareness Week, ‘Question Time’ styled event, a residential trip to Aviemore, trip to the Picky spa and much more.

## Papay Community Association

### Contact Details

Location: Papay, Hundland, Papa Westray, KW17 2BU  
Telephone: 01857 644224  
Email: [tim@timdodman.co.uk](mailto:tim@timdodman.co.uk)  
Website: [www.papawestray.co.uk](http://www.papawestray.co.uk)

### Description

The Papay Community Association organises a range of social events and services on Papa Westray primarily for residents, but also popular with our visitors. The community wing of the island school has a library, internet and gym, whilst sharing a small sports hall with the school, with access to badminton, table tennis and other games.

The association organises a regular series of events, including island dinners, dances, cinema screenings, sketches, bonfires, barbecues and the annual fun weekend. Recent cultural projects have focused on the Great Auk, dialect and dance.

## RSPB Scotland - Orkney Office

### Contact Details

Location: 12-14 North End Road, Stromness, KW16 3AG  
Telephone: 01856 850176  
Email: [orkney@rspb.org.uk](mailto:orkney@rspb.org.uk)  
Website: [www.rspb.org.uk/orkney](http://www.rspb.org.uk/orkney)  
Facebook: [rspborkney](https://www.facebook.com/rspborkney)

### Description

RSPB Scotland is part of the RSPB, the country's largest nature conservation charity, inspiring everyone to give nature a home. Together with our partners, we protect threatened birds and wildlife so our towns, coast and countryside will teem with life once again. We play a leading role in BirdLife International, a worldwide partnership of nature conservation organisations.

## Sanday Ranger

### Contact Details

Location: Sanday Development Trust, Heilsa Fjord, Sanday, KW17 2BW  
Telephone: 01857 600272  
Email: [ranger@sanday.org.uk](mailto:ranger@sanday.org.uk)  
Website: [www.sandayranger.org](http://www.sandayranger.org)  
Facebook: [sandayranger](https://www.facebook.com/sandayranger)

### Description

Employed by Sanday Development Trust, the Sanday Ranger is available to help you enjoy the wonderful wildlife and make the most of your time on Sanday. Throughout the year, the Ranger organises events, guided walks, workshops and activities. These events aim to show off as much wildlife as possible, interpret, educate and help to increase awareness of important issues relating to wildlife and conservation on Sanday and Orkney. Emma, our Ranger is available for walks, talks, workshops and can tailor an activity to a group's needs, particularly at quieter times of year. For any enquiries, bookings or information please do get in touch with our Ranger.

## Smiddy Museum

### Contact Details

Location: 8 Leaburn, Burray, KW17 2TB  
Facebook: [@smiddymuseum](https://www.facebook.com/smiddymuseum)

## Stromness Library

### Contact Details

Location: Warehouse Buildings, 2-12 Victoria Street, Stromness, KW16 3AA  
Telephone: 01856 850907  
Email: [stromnesscs@orkney.gov.uk](mailto:stromnesscs@orkney.gov.uk)  
Website: [www.orkneylibrary.org.uk](http://www.orkneylibrary.org.uk)  
Facebook: [Orkney Library & Archive](https://www.facebook.com/OrkneyLibrary&Archive)

### Description

Stromness Library is housed within the new Warehouse Buildings and provides a wide range of services, many of them free of charge. We welcome everybody, whether a resident of Orkney or visitor and provide free internet access on our computers or free WiFi connection if you would rather use your own device.

## Stromness Museum

### Contact Details

Location: 52 Alfred Street, Stromness, KW16 3DH  
Telephone: 01856 850025  
Email: [custodian@stromnessmuseum.co.uk](mailto:custodian@stromnessmuseum.co.uk)  
Website: [www.orkneycommunities.co.uk/stromnessmuseum](http://www.orkneycommunities.co.uk/stromnessmuseum)  
Facebook: [Stromness Museum](https://www.facebook.com/StromnessMuseum)

## Stromness Royal British Legion Pipe Band

### Contact Details

Location: Dykeside, Harray, KW17 2LQ  
Telephone: 01856 771385  
Email: [ianmac.harray@gmail.com](mailto:ianmac.harray@gmail.com)  
Website: [www.stromnesspipeband.co.uk](http://www.stromnesspipeband.co.uk)

### Description

The community pipe band open to all comers and all ages, provided piping and drumming tuition (no legion membership required). Available for any functions, fund raising, fancy dress parades and events to add that little extra. Enjoy comradeship and a family spirit. We currently meet on Wednesdays in the Stenness Community School at 7.30pm.

## The Orkney Museum

### Contact Details

Location: Tankerness House, Broad Street, Kirkwall, KW15 1DH  
Telephone: 01856 873191  
Email: [jude.callister@orkney.gov.uk](mailto:jude.callister@orkney.gov.uk)  
Website: [www.orkney.gov.uk/Service-Directory/S/orkney-museum](http://www.orkney.gov.uk/Service-Directory/S/orkney-museum)  
Facebook: Orkney Arts Museum and Heritage

### Description

Situated opposite St Magnus Cathedral, Orkney Museum tells the story of Orkney, from the Stone Age, to the Picts and Vikings, right through to the present day. The collection is of international importance and the museum also has a changing temporary exhibition programme. There are activities for younger visitors and a range of books and gifts are available in the museum shop. Free admission.

## The Pickaquoy Centre

### Contact Details

Location: Muddisdale Road, Kirkwall, KW15 1LR  
Telephone: 01856 879900  
Email: [enquiries@pickaquoy.co.uk](mailto:enquiries@pickaquoy.co.uk)  
Website: [www.pickaquoy.co.uk](http://www.pickaquoy.co.uk)  
Facebook: The Pickaquoy Centre

### Description

The Pickaquoy Centre operates as a charitable trust and is a social hub which offers the local community numerous opportunities in sport, art and leisure activities. Facilities offered are gym, group exercise classes, swimming pool (main pool & leisure pool), health suite, climbing wall and bouldering cave, squash courts, soft play, cinema and café.

The Centre is open Monday-Friday 7am - 10pm and 9am - 8pm at weekends. Individual areas opening times may vary, please check [www.pickaquoy.co.uk](http://www.pickaquoy.co.uk) ahead of your visit.



# West Mainland Horticultural Society

## Contact Details

Location: Kierfield House, Sandwick, Birsay, KW16 3JE  
Telephone: 01856 811251  
Website: [www.westmainlandhorticultural.co.uk](http://www.westmainlandhorticultural.co.uk)  
Facebook: West Mainland Flower, Produce & Industrial Show

## Description

The West Mainland Horticultural Society organises the annual West Mainland Flower, Produce and Industrial show. The purpose of the show is to allow people who live in West Mainland to show their horticultural, produce, baking and confectionary, knitting and handicraft skills. The aim is to keep traditional skills alive as well as encouraging people to try new skills.

Anyone who permanently resides in Orkney's West Mainland can enter the show by joining the Horticultural Society. The cost of joining is £2.00 for adults and 50p for children. There are separate categories for adults and children. The annual show is a varied, interesting and friendly event and new exhibitors are always welcome.

# Young Scot National Entitlement Card

## Contact Details

Location: Community Learning and Development, Orkney Islands Council, School Place, Kirkwall, KW15 1NY  
Telephone: 01856 873535 ext 2425  
Email: [kerry.spence@orkney.gov.uk](mailto:kerry.spence@orkney.gov.uk)  
Website: <https://young.scot/>

## Description

The Community Learning and Development team at Orkney Islands Council is responsible for distributing the Orkney version of the Young Scot National Entitlement Card to all young people in the 11-25 year age group, residing in Orkney.

- This free card combines the Young Scot Card with the National Entitlement Card offering a range of functions & services such as:
- Being a proof of age card, through the Proof of Age Standards Scheme (PASS) endorsed by the British Retail Consortium across the UK
- Access to Young Scot discounts and special offers at over 1,800 places in Scotland and 200,000 places in 42 European countries
- Being a swipe card for the cashless catering system at both Kirkwall Grammar School and Stromness Academy
- Subsidised travel - reduced fares on bus and trains
- Free Ferry Vouchers - On your child's 16th birthday they will be entitled to receive two free return ferry vouchers for journeys between Orkney and the Scottish mainland per year. This entitlement continues until their 19th birthday.

Pupils living on the Outer Isles will also be able to apply for additional vouchers to travel in to the Orkney mainland as part of this scheme.



# Sports & Healthy Living Centres

## Dounby Fitness Suite & Sports Hall

Location: Dounby School and Community Centre,  
Dounby, KW17 2HT  
Telephone: 01856 771 280  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## KGS Sports Centre

Location: Kirkwall Grammar School, Kirkwall, KW15 1QN  
Telephone: 01856 872364  
Email: [kirkwallsportscentre@glow.orkneyschools.org.uk](mailto:kirkwallsportscentre@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)  
Facebook: KGS Sports Centre

## North Walls Healthy Living Centre

Location: North Walls Community School, Lyness, KW16 3NX  
Telephone: 01856 791085  
Email: [northwalls.hlc@glow.orkneyschools.org.uk](mailto:northwalls.hlc@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## Pickaquooy Fitness Centre

Location: Muddisdale Road, Kirkwall, Orkney, KW15 1LR  
Telephone: 01856 879900  
Email: [enquiries@pickaquooy.com](mailto:enquiries@pickaquooy.com)  
Website: [www.pickaquooy.co.uk](http://www.pickaquooy.co.uk)

## Rousay Healthy Living Centre

Location: Rousay Primary School, Rousay, KW17 2PR  
Telephone: 01856 821443  
Email: [rousay.hlc@glow.orkneyschools.org.uk](mailto:rousay.hlc@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## Sanday Healthy Living Centre

Location: Sanday Community School, Sanday, KW17 2AY  
Telephone: 01857 600795  
Email: [sanday.hlc@glow.orkneyschools.org.uk](mailto:sanday.hlc@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## Shapinsay Healthy Living Centre

Location: Shapinsay Primary School, Shapinsay, KW17 2DY  
Telephone: 01856 711346  
Email: [shapinsay.hlc@glow.orkneyschools.org.uk](mailto:shapinsay.hlc@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## St Margaret's Hope Healthy Living Centre

Location: Hope Primary School, St Margaret's Hope, KW17 2TN  
Telephone: 01856 831793  
Email: [hope.hlc@glow.orkneyschools.org.uk](mailto:hope.hlc@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## Stromness Fitness Centre

Location: North End Road, Stromness, KW16 3AG  
Telephone: 01856 850552  
Email: [stromness.pool@glow.orkneyschools.org.uk](mailto:stromness.pool@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## Stronsay Healthy Living Centre

Location: Stronsay Junior High School, Stronsay, KW17 2AE  
Telephone: 01857 616449  
Email: [stronsay.hlc@glow.orkneyschools.org.uk](mailto:stronsay.hlc@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## Westray Healthy Living Centre

Location: Westray Junior High School, Westray, KW17 2DH  
Telephone: 01857 677568  
Website: [westray.hlc@glow.orkneyschools.org.uk](mailto:westray.hlc@glow.orkneyschools.org.uk)  
Website: [www.orkney.gov.uk](http://www.orkney.gov.uk)

## Swimming Pools

### North Walls Swimming Pool

Location: North Walls Community School, Lyness, KW16 3NX  
Telephone: 01856 791246  
Email: northwalls.hlc@glow.orkneyschools.org.uk  
Website: www.orkney.gov.uk

### Pickaquooy Centre Swimming Pool

Location: Muddisdale Road, Kirkwall, Orkney, KW15 1LR  
Telephone: 01856 879900  
Email: enquiries@pickaquooy.com  
Website: www.pickaquooy.co.uk

### Sanday Swimming Pool

Location: Sanday Community School, Sanday, KW17 2AY  
Telephone: 01857 600249  
Website: www.orkney.gov.uk

### Stromness Swimming Pool and Fitness Centre

Location: North End Road, Stromness, KW16 3AG  
Telephone: 01856 850552  
Email: stromness.pool@glow.orkneyschools.org.uk  
Website: www.orkney.gov.uk

### Stronsay Swimming Pool

Location: Stronsay Junior High School, Stronsay, KW15 1AE  
Telephone: 01857 616331  
Website: www.orkney.gov.uk

### Westray Swimming Pool

Location: Westray Junior High School, Westray, KW17 2DH  
Telephone: 01857 677568  
Website: www.orkney.gov.uk

## Disabled Swimming Club

### Contact Details

Telephone: 01856 873806  
Email: ericmcclennan@madasafish.com

### Description

Swimming sessions for the disabled, no age restrictions. You may need to bring your carer if you need extra help in the pool or getting ready. Please contact us for further details and requirements.

## East United Football Club

### Contact Details

Email: eastunitedfcorkney@outlook.com  
Facebook: East United Football Club

### Description

East United FC run football sessions for children/juveniles up to the age of 18. Development and training sessions are organised, both indoor and outdoor, throughout the year for a range of age groups and levels of ability with opportunities to play in fun and competitive tournaments.

The Club aims to:

- Encourage participation in and enjoyment of association football.
- Develop the fitness and skills of all participating players and officials' provide a fun and safe environment to play developmental football.
- Promote sportsmanship and fair play among officials, players and their parents.

## Kirkwall Bowling Club

### Contact Details

Location: Brandyquoy Park, Palace Road, Kirkwall, KW15 1PA  
Telephone: 01856 850957  
Email: [kirkwallbowlingclub@gmail.com](mailto:kirkwallbowlingclub@gmail.com)  
Website: [www.kirkwallbowlingclub.org/](http://www.kirkwallbowlingclub.org/)

### Description

Kirkwall Bowling Club was established in the 1860's and the club has continued to flourish over the years. The principal aim of the club is to promote the game of bowls played in accordance with the laws of the Scottish Bowling Association. With consistently in excess of 100 members the club provides a sport that can be played by all ages and offers our members and non-members companionship and exercise with a competitive edge in an excellent environment. The membership fee is £60 per annum with much reduced rates for juniors. The playing season on grass is April to September when the green is open in the afternoon and evenings on Monday to Friday and afternoons on Saturday and Sunday. Play on the all-weather green is at the same times all year round, weather permitting. Tuition is provided to all new players and separate arrangements are made for coaching young people. Throughout the year, the club hold a large number of competitions both in-house and with visiting clubs. Always conscious of the need to provide an excellent facility to its members and visiting players the committee and members work hard to ensure that the club is run to a high standard and continues to be inviting to players and newcomers.

## Kirkwall Kayak Club

### Contact Details

Email: [johnrossmowat@yahoo.co.uk](mailto:johnrossmowat@yahoo.co.uk)  
Website: [www.orkneycommunities.co.uk/kirkwallkayakclub](http://www.orkneycommunities.co.uk/kirkwallkayakclub)

### Description

Kirkwall Kayak Club provides year round tuition and paddling opportunities for juniors and adults. On the sea around Orkney in the summer and in the swimming pool during the winter months. Complete beginners are welcome.

## Kirkwall Rovers Football Club

### Contact Details

Telephone: 01856 874124  
Email: [jon.tait@btinternet.com](mailto:jon.tait@btinternet.com)  
Facebook: Kirkwall Rovers FC

### Description

Local amateur senior Football Club.

## Kirkwall Squash & Racketball Club

### Contact Details

Location: Pickaquoy Centre, Muddisdale Road, Kirkwall, KW15 1LR  
Telephone: 07803 003215  
Email: [mail@kirkwallsquashclub.co.uk](mailto:mail@kirkwallsquashclub.co.uk)  
Website: [www.kirkwallsquashclub.co.uk](http://www.kirkwallsquashclub.co.uk)

## Orkney Amateur Swimming Club

### Contact Details

Telephone: 01856 873885  
Email: [spenceisswimming@icloud.com](mailto:spenceisswimming@icloud.com)  
Facebook: Orkney Amateur Swimming Club

### Description

OASC is a volunteer-run, community organisation with members between the age of 8 and 20 years including active masters section and over 100 adult volunteers. The club runs training sessions in both Stromness and Kirkwall and aim to provide our members with the best possible environment to allow them to enjoy their sport and reach their full potential. New members and Volunteers are always welcome!

## Orkney Athletic Club

### Contact Details

Location: Pickaquoy Centre, Muddisdale Road, Kirkwall, KW15 1LR  
Telephone: 01856 875556  
Email: secretary@orkneyathleticclub.co.uk  
Website: www.orkneyathleticclub.co.uk  
Facebook: Orkney Athletics Club

### Description

Provision of weekly athletic coaching for Junior members (aged 9-18 years). Ensuring athletic instruction is undertaken by suitably qualified and monitored coaching team members. Affiliated with Scottish Athletics. Providing opportunities for athletes of all ages to participate in competitive events both home and away, by organising competitions in Orkney and entering club teams and accompanying junior athletes to competitions on the Scottish mainland.

Lead organiser for annual Orkney 10k Run series. Ensuring competition events are run in terms of British Athletics guidelines and officiated by suitably qualified individuals.

## Orkney Badminton Association

### Contact Details

Telephone: 01856 873652  
Email: gatewoodcottage@btinternet.com  
Website: www.orkneycommunities.co.uk/OBA  
Facebook: Orkney Badminton Association  
Orkney Junior Badminton

## Orkney Golf Club

### Contact Details

Location: The Secretary, Grainbank, Kirkwall, KW15 1RD  
Telephone: 01856 872457  
Email: info@orkneygolfclub.co.uk  
Website: www.orkneygolfclub.co.uk  
Facebook: Orkney Golf Club



### Description

Orkney Golf Club, situated on the outskirts of Kirkwall, offers golfers of all abilities an excellent challenge. Visitors are welcome and we are happy to accept individual and group bookings. Clubs and trolleys are available to hire by request.

Upstairs there is a comfortable Lounge Bar which boasts magnificent views over the course. This facility is the perfect size for a small function and is available to hire by arrangement. Please note the Club is managed by a team of enthusiastic volunteers so the facilities may not always be open. Please email the Club if you have any specific arrangements.

## Orkney Hockey Association

### Contact Details

Telephone: 07738 484629  
Email: orkneyhockey@hotmail.com  
Facebook: Orkney Hockey

### Description

Orkney Hockey is a voluntary operated organisation with members from all local clubs taking on a role. We have a range of skill level activities/clubs e.g. Youth Development P5 - 7, Youth Development S1 - 6, Junior Intercounty, Local Clubs and Senior Intercounty. We have also introduced Mixed Hockey over the last couple of years. We have many successes between Junior and Senior Intercounty teams both in the annual grudge match against Shetland and in competitions south.



## Orkney Islands Sea Angling Association

### Contact Details

Telephone: 01856 781215  
Email: daveblackstock@hotmail.com  
Website: www.anglingorkney.co.uk

### Description

The aim of the club is to provide access to sea angling to all. Regardless of race, gender, sexuality, or disability. We are at the moment trying to organise fundraising with the aim of procuring a boat more suitable to our aims. New members are welcome and we shall be arranging 'Taster' sessions in the coming year.

## Orkney Riding Centre

### Contact Details

Location: Crantit Farm, St Ola, KW15 1RZ  
Telephone: 01856 872542  
Email: dennis@orkneyicecream.com  
Website: www.orkneycommunities.co.uk/orkneyridingcentre  
Facebook: OrkneyRidingCentre

### Description

Orkney Riding Centre is a registered charity which provides community facilities, including a large indoor soft surface arena (53 x 36 metres), several outdoor arenas and an equestrian cross country course, for hire in Orkney.

## Orkney Walking Groups

### Contact Details

Location: Public Health, 9 Victoria Street, Kirkwall, KW15 1DN  
Telephone: 01856 885180  
Email: jessicajones@nhs.net

(continued on next page)

### Description

Health Walks are short, safe, social, local, low level, regular walks led by trained walk leaders and are aimed at people who want to improve their health and wellbeing by becoming more active through walking. Walks are free to take part in and open to everyone.

Orkney Walking Groups are always on the lookout for volunteers (18 years and over) with good local knowledge and community links who are willing and able to lead regular health walks in their local area. All walk leaders receive ongoing training and support. For more information on the health and wellbeing benefits of walking, Orkney Health Walks or becoming a Volunteer Health Walk Leader email jessicajones@nhs.net or telephone Jessica Jones on 01856 888180.

## Riding for the Disabled Association (Orkney)

### Contact Details

Location: Burness, Firth, KW17 2ET  
Telephone: 01856 731417  
Email: ann@the-stevensons.co.uk

## Sanday Cricket Club

### Contact Details

Location: Drummonds, Sanday, KW17 2BW

### Description

To enable anyone 14 years or older to play and enjoy cricket for approximately two months each year (May, June and early Sept) and to host an annual Cricket match on the island against the only other cricket club in Orkney - Stromness CC!

## Shotokan Karate

### Contact Details

Telephone: 01856 873285  
Email: enquiries@jkaorkney.co.uk  
Website: www.jkaorkney.co.uk

## St Magnus Badminton Club

### Contact Details

Telephone: 01856 875160  
Email: elainemgray@hotmail.co.uk

### Description

Badminton coaching for school age kids.

## St Margaret's Hope Outdoor Bowls

### Contact Details

Location: School Road, St Margaret's Hope, KW17 2RH  
Telephone: 01856 831428  
Website: www.stmargaretshopebowlingclub.co.uk  
Facebook: St Margarets Hope Bowling Club

### Description

Flat green outside bowling for all ages 8 years onwards. Visitors are welcome. New members given every encouragement.

## Stromness Golf Club

### Contact Details

Location: 3 Citedel Crescent, Stromness, KW16 3EL  
Telephone: 01856 850772  
Email: stromness-secretary@outlook.com  
Website: www.stromnessgc.co.uk

## Tennis Club (S. Ron & Burray)

### Contact Details

Location: Garth, South Ronaldsay, KW17 2TL  
Telephone: 01856 831717

## The Pickaquoy Centre

### Contact Details

Location: Muddisdale Road, Kirkwall, KW15 1LR  
Telephone: 01856 879900  
Email: enquiries@pickaquoy.co.uk  
Website: www.pickaquoy.co.uk  
Facebook: The Pickaquoy Centre

### Description

The Pickaquoy Centre operates as a charitable trust and is a social hub which offers the local community numerous opportunities in sport, art and leisure activities. Facilities offered are gym, group exercise classes, swimming pool (main pool & leisure pool), health suite, climbing wall and bouldering cave, squash courts, soft play, cinema and café. The Centre is open Monday-Friday 7am - 10pm and 9am - 8pm at weekends. Individual areas opening times may vary, please check www.pickaquoy.co.uk ahead of your visit.

## Westray Netball Club

### Contact Details

Telephone: 01857 677775  
Email: charlie\_echo12@hotmail.com

### Description

Small sports group who meet to play netball for fun. There are two competitions annually competed in. The North Isles Sports and The North Isles Netball Cup. These competitions are open to residents, but training is open to all. All welcome.

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