Minute of the **Health and Social Care Special Interest Group** held at 10.30am on Friday 13 March 2020 in the McGillivray Room, Kirkwall Library and Archive, Kirkwall



Present: Erika Copland (Chair / Home-Start Orkney), Gail Anderson (Voluntary Action Orkney / representative IJB), Phyllis Braby (Orkney Heart Support Group), Davie Campbell (NHS Orkney Board), Suzy Frazer (Tackling Household Affordable Warmth), Alison Guthrie (Voluntary Action Orkney – Adult Befriending), Morgan Maxton (Women's Aid Orkney), Olivia Tait (Crossroads Orkney), Sandra Towrie (IJB Carer representative/Sanday Development Trust), Karen Williams (Vital Talk).

In attendance: Cecily Cromby (minutes)

Denis Harvey (Social Security Scotland)

Adrian Woodfield (NHS Orkney)
Callun Curtis (NHS Orkney)

1 Welcome

Erika welcomed those present and thanked them for attending.

2 Apologies

Apologies had been received from Hilary Allen (CAB), Ann Clark (YPeople), Fraser Devine (Care and Repair), Alison Meason (Wellbeing Coordinator, Shapinsay), Gillian Skuse (Age Scotland), Pat Sheilds (Access Panel), Patricia Urquhart (Samaritans).

3 Notes of previous meeting held on 15 November 2019

The notes were approved:

4 Matters arising not on the agenda

Item 6: Public Protection Committee: Gail advised that third sector access to the adult and child referral process was still being followed up.

Item 7: Aberdeen Red Cross Guest House: Gail advised that the Red Cross event service in Orkney would operate under the St Andrews banner meaning that local first aid services remained available.

Item 8: Draft Orkney Mental Health Strategy 2020-2025 consultation: Gail advised that the consultation was closed and she would provide feedback when available.

Item 9: ACE's Hub: Erika thanked members who had forwarded information about support for childhood trauma.

5 Social Security Scotland presentation (Denis Harvey, Social Security Scotland)

Due to technical issues, Denis was unable to show his presentation to the group. The presentation would be circulated to members.

Action: Cecily

Denis explained the new system and noted that he had been informing local organisations and the community through various events and meetings. Members should contact Denis if they would like to arrange a presentation.

6 'Attend Anywhere' presentation (Adrian Woodfield and Callan Curtis, NHS Orkney)

Callan and Adrian presented short films to illustrate the use of the NHS 'Near me' programme. They advised that many NHS services were already using the software for remote consultations in Orkney and that positive feedback had been received from patients and health professionals. All Orkney GP practices were able to deliver services using the software and it should prove especially useful in light of the current situation regarding the Coronavirus. Members noted that it would be useful for patients with appointments in Aberdeen who could avoid unnecessary travel.

The software was also available for voluntary groups to use and Adrian and Callan would happy to help organisations get established. Members discussed the benefits of this approach and noted that training may be needed for some members of the community. Gail suggested that this could be a project for young volunteers and noted that technology enabled care grants could be used to purchase the required technology.

Members discussed areas with poor internet and 4G coverage and noted that pressure could be put on Scottish Government to improve coverage to enable an equitable health care service. Callan suggested that it may be worth contacting phone companies to ask for free 4G for vulnerable people.

A link to information about the software would be circulated.

Action: Cecily

7 ACE's Hub (verbal report, Erika Copland)

Erika advised that there were no updates. She was still waiting to hear from education colleagues regarding attending a meeting and would keep the group informed.

8 Public Protection Committee:

1. Draft Inter Agency Guidelines (attached) for comment

Gail advised that comments were due in today. The guidelines had been produced very quickly in response to the Children's Service Report and focussed on child protection. She noted that the guidelines were comprehensive.

2. Member Briefing Pro Forma (attached)

Gail requested that members complete the form and return to her. Responses would be forward to the Public Protection Committee. Gail noted the importance of the third sector informing the work of the Child and Adult Protection Committees. Gail advised that she would circulate the dates of the Public Protection Committee meetings.

Action: Gail

Gail advised that following the Children's Services Report, an improvement plan was being developed. Gail asked members whether they thought a sub group of the TSWG should be formed to focus on children and families.

Gail thanked members who provided information to feed into the Child Poverty Action Plan and noted that this had been passed on. Gail noted that Orkney was the only area not to have a Child Poverty Action Plan in place.

9 Integration Joint Board:

1. Community Led Support (CLS) – Orkney case study (attached)

Gail noted that CLS had been working well on the isles but that progress had been slower on the mainland.

Members discussed the need for better publicity among professionals and the public and Suzy noted that there were too few services included in the email circulation list. Members noted that it should have been community and third sector led, rather than Orkney Health and Care led. Gail suggested that the format of the sessions could be intimidating with members of the public arriving to find six professionals from statutory organisations sitting having coffee together. The positive experience on Sanday was discussed and it was noted that the CLS team should learn from this.

Gail noted that funding had been secured for the Wellbeing Project for the next two years and that amazing work had been accomplished so far. She suggested that the project should be extended to mainland parishes in addition to the isles. She noted that coordinators had done things very differently in response to the needs of each island. Sandra noted that the success of the CLS Blethers in Sanday was largely due to the work of their Wellbeing Coordinator.

2. Programme Boards - verbal update

Gail reported that the three Programme Boards – Tech First, Community First, Strategic Commissioning Group - had met and that the meetings had been positive. She noted that the Strategic Commissioning Group were looking at Alliance Contracting. They were working to identify the outcomes and change required and would then look at what was required to achieve this. She noted that the Strategic Commissioning Plan was in development.

10 AOCB

Cardiac nurse: Phyliss informed members that NHS Orkney had appointed another cardiac nurse who would start work on 1 April.

Defibrillator training information: Phyliss noted her concern at an advert for first aid training that appeared in the VAO Newsletter and website. The advert for the training, provided by Orkton Services, suggested that success rates for defibrillator use were improved following training. Phyliss noted that this was incorrect as defibrillators were designed to be used by anyone and did not require training. She said that the advert could confuse readers and may lead people to believe that defibrillators should only

be used by people with prior training. Gail advised that she would follow up these concerns with colleagues at VAO.

Action: Gail

Phyliss noted that the 20th defibrillator provided by the Orkney Heart Support Group would soon be available for use in the community. Members discussed the use of pin codes on locked defibrillator cases and Phyliss advised that the code could be obtained by phoning 999.

'Ask for a flask': Gail informed members of a plan to distribute flasks to the most vulnerable in society and for hot water to be provided by local groups to heat soup, noodles, etc. She noted that this had been discussed at the TSWG. Members noted that the public water refill station was located by the Daily Scoop café.

Chair of Health and Social Care Group: Erika reminded members that the Terms of Reference of the Health and Social Care Group noted that the Chair should be shared between members. Erika advised that she would be happy to chair the next meeting but requested that someone else chair subsequent meetings.

11 Date of next meeting

15 May 2020