



The Orkney Alcohol and Drugs Partnership is a multi agency organisation incorporating over 30 members, including NHS Orkney, Orkney Islands Council, Police Scotland and the voluntary sector.

We are committed to promoting positive change by addressing all aspects of substance misuse within Orkney. Through effective and efficient Partnership working, we will empower and support individuals, families and communities to move towards a safe and healthy lifestyle, free from the negative impacts of substance misuse.

orkney alcohol and drugs
partnership

Training Programme
2021

Orkney ADP

Clinical Skills Building,
The Balfour,
Foreland Road,
Kirkwall,

01856888000

www.orkneyadp.org.uk



ALCOHOL BRIEF INTERVENTIONS

A half day training session focusing on skilling staff up in the delivery of Alcohol Brief Interventions – short, structured conversations with clients around their alcohol use and attempting to help elicit change in behaviours related to alcohol use. Facilitated by Orkney ADP's Substance Misuse Development Officer.

- Available at any time to suit your needs.

Please contact [Matthew Thomas](#) to arrange a session.

ALCOHOL BRIEF INTERVENTIONS E-LEARNING MODULE

A short module hosted by LearnPro which will compliment the Alcohol Brief Interventions Training and that staff can access and complete at their own leisure. Details background to ABI and outlines the process of undertaking an ABI with a client.

- Available at any time to suit your needs.

Register via the [LearnPro website](#)

CREW DRUG INFO & AWARENESS

Two half day training sessions facilitated by national charity CREW focused on drug awareness and information and Orkney specifics, issues of legality and harm reduction advice for professionals working with substance users

- 2nd Feb 2021. 14.00 – 16.30 via Teams
- 21st April 2021. 09.30 – 12.00 via via Teams

Register for your space with CREW's Eventbrite page [HERE:](#)

CONSENT

A half day training session focusing increasing staff awareness of issues relating to consent with a focus upon how substance use can effect this.

Facilitated by Kara Leslie of ORSAS & Matthew Thomas of Orkney ADP

- Available at any time to suit your needs.

Please contact [Matthew Thomas](#) to arrange a session.

RE-SOLV VOLATILE SUBSTANCE ABUSE

A one day training session, focused upon volatile substance abuse. This training aims to increase knowledge of the issues VSA presents & to increase staff competence and confidence around VSA.

- Tuesday 9th Feb: 9.30 – 12.30
- Thursday 11th Feb: 9.30 – 11.30
- Tuesday 16th Feb: 9.30 – 12.30
- Thursday 18th Feb: 9.30 – 12.30
- Tuesday 23rd Feb: 9.30 – 12.30
- Thursday 25th Feb: 9.30 – 12.30

Please contact [Irene Scullion](#) to book a space on this session.

WHAT IS FETAL ALCOHOL SPECTRUM DISORDER (FASD)

A training session facilitated via Teams by professionals from FASD Hub Scotland, dedicated to increasing awareness of Fetal Alcohol Spectrum Disorders. Societies relationship with alcohol and the drinking culture within Scotland. How alcohol affects the developing fetus. FASD, its prevalence and how it affects people

- Tuesday 2nd March: 13.00 – 16.00
- Wednesday 3rd March: 9.30 – 12.30

Please contact [Matthew Thomas](#) to book a space on this session.



UNDERSTANDING STIGMA

Stigma can have a profound impact upon the lives of people who use alcohol and other drugs or those who have a history of substance use. This half day training session from Scottish Drugs Forum focuses on developing a greater awareness of the cycle of stigma, exploring practitioner's roles in both reinforcing & challenging alcohol and drug related stigma.

- 20th January: 9.15 – 13.30 via Teams

Register for your space with SDF's Training website [HERE:](#)

TRAUMA AND SUBSTANCE USE

This introductory course will support trauma-informed practice when working with people who are affected by trauma and who use substances.

- 25th March: 9.15 – 13.30 via Teams
- TBC in second half of 2021

Register for your space via SDF's Training website [HERE:](#)

CANNABIS AWARENESS

A session focusing on Cannabinoids which will allow participants an overview of the current trends with cannabis including synthetic cannabinoids. Outline the main effects and side effects of cannabis; identify the typical presenting issues for problematic cannabis use and treatment options for dependent cannabis users, Including techniques for working with cannabis users including harm reduction.

- 26th August: 9.30 – 12.30

Register for your space with SDF's Training website [HERE:](#)

SDF E-LEARNING MODULES

Scottish Drugs Forum have a wide selection of E-Learning modules available on their website which can be accessed completely free of charge available throughout the year.

You can browse and sign up for the E-Learning modules and the Bitesize modules on the SDF Training website [HERE:](#)

LISTENING & RESPONDING TO CHILDREN AFFECTED BY SUBSTANCE USE

A course designed to support practitioners in adult substance use and children's services to listen and respond effectively and appropriately to children affected by parental substance use. This course will allow practitioners to recognise the impact of change/recovery in children's lives & help identify ways to actively engage and hear young people's stories

- TBC in the second half of 2021

Register for your space with SDF's Training website [HERE:](#)

NALOXONE AWARENESS & DELIVERY

Naloxone is a medicine which temporarily reverses the effects of an opioid overdose, allowing potentially lifesaving time for someone suffering an overdose to access medical treatment. This session provides information about naloxone, how it works, kit assembly and how to administer the medicine in with attention to overdose intervention and basic life support with naloxone.

- Available at any time to suit your needs.

Please contact [Matthew Thomas](#) to book a space on this session.



BASIC BENZODIAZEPINE AWARENESS

Benzodiazepines are currently one of the most prevalent substances being used and abused in Scotland today and have been implicated in the majority of Drug Related Deaths recorded in Scotland in recent years. This basic, 90 minute training from Orkney ADP highlights current issues around use of Benzodiazepines, physical and mental effects both short and long term, on users, information relating to overdose and also harm reduction information for those who use Benzodiazepine type substances.

- Available at any time to suit your needs.

Please contact [Matthew Thomas](#) to book a space on this session.

BASIC COCAINE AWARENESS

The use of Cocaine has increased rapidly in recent years with the drug becoming much more freely available, with increased levels of purity and cheaper prices. This has led to a marked increase in Cocaine use in Scotland. This basic, 90 minute training session from Orkney ADP provides a background on Cocaine, information on the physical and mental effects, information relating to overdose and also harm reduction advice for those who use Cocaine.

- Available at any time to suit your needs.

Please contact [Matthew Thomas](#) to book a space on this session.

BASIC KETAMINE AWARENESS

Ketamine is a drug which is increasing in widespread use which has serious mental and physical ramifications for users, the extent of which are not currently widely understood by the majority of users. This basic, 90 minute training session from Orkney ADP aims to highlight the main effects of Ketamine, the potential dangers associated with the substance, recognising and responding to an overdose of Ketamine and harm reduction advice for those who use Ketamine.

- Available at any time to suit your needs.

Please contact [Matthew Thomas](#) to book a space on this session.

BASIC DRUG AWARENESS

A full day training session covering the use of the Drugs Wheel to categorize substances, the physical and mental effects of substances in each category, reasons why people use substances, highlight the substances currently most popular specifically in the Orkney context and provide harm reduction advice and techniques for practitioners to provide to clients in face to face work.

- Available at any time to suit your needs.

Please contact [Matthew Thomas](#) to book a space on this session.

OTHER TRAINING OPPORTUNITIES

Orkney ADP will be working in partnership with training providers to commission other free training sessions throughout the year.

Orkney ADP's Substance Misuse Development Officer will be continuing to develop basic awareness sessions specific to various substances

If there is a particular substance which you feel yourself or your staff would benefit from a training session on then you are welcome to get in touch with Orkney ADP and we will endeavor to produce a session to suit your needs.

Likewise, if you believe that there is a training which could be commissioned from an external provider such as Scottish Drugs Forum or CREW then please get in touch and let us know, we have a limited training budget each year and potentially can commission extra training sessions if there is a need for them highlighted by Orkney based professionals.

Orkney ADP frequently publishes new training opportunities via the website, monthly newsletter & social media pages so please make sure to check these regularly to keep up to date on our training offers.

www.orkneyadp.org.uk

<https://www.facebook.com/OrkneyADP/>

<https://twitter.com/AdpOrkney>

