



Present: Rosalind Aitken (Voluntary Action Orkney), Clare Allison (Orkney Blide Trust), Gail Anderson (Voluntary Action Orkney / representative IJB), Tamsin Bailey (Relationships Scotland Orkney), Zelda Bradley (Orkney Rape and Sexual Assault Service), Kieron Brogan (Community development Office, Sanday), Ian Carse (VAO, Vice Chair), Rebecca Crawford (VAO, Community Engagement Worker), Pete McAndrew (VAO, Tech Peer Mentor), Marie Owens (Scottish Autism), Sam Payne (British Red Cross), Nicola Reed (Cruse Bereavement Care), Gillian Skuse (Age Scotland Orkney).

In attendance: Cecily Cromby (minutes)
Ewan Masson (Participation and Communities Team, Scottish Parliament)

1 Welcome and introductions

Rosalind welcomed those present and thanked them for attending.

2 Apologies

Apologies had been received from Fraser Devine (Orkney Care and Repair), Thomas Love (Victim Support), Margaret Rendall (Vital Talk), Debbie Tsotsi (Scottish Autism)

3 Notes of previous meeting held on 12 March 2021

The notes were approved.

4 Matters arising not on the agenda

No matters arising

5. Integration Joint Board Meeting 30 June

1. Strategic Commissioning Plan (attached)

2. Performance Management Framework (attached)

Gail advised that she had attended the IJB meeting on 30 June. She reported that a strategic commissioning plan had been produced and that the plan was temporary pending a needs assessment conducted by Public Health. Gail noted that p3 of the plan referenced a review of the third sector that was due to take place in June 2021 and advised she would speak with the Chief Officer regarding timescale and process. Gail noted that the plan was welcome, provided an overview of priorities and recognised the value of the contribution of the third sector.

Members discussed the importance of third sector involvement in the review and planning process and that future SLAs should be linked to priorities. Tamsin noted the importance of third sector organisations maintaining independence and Gail noted that commissioning was only one part of third sector income. Gail advised that she had

been assured commissioned third sector organisations would be able to contribute to planning. She also noted that evaluations and reports must include all services commissioned by the IJB, including those in the third sector.

Members noted that the Framework was based largely on adults and Gail advised that this had been raised at the meeting and discussion were ongoing.

Ian questioned the use of the term 'market place' in the plan. Gail advised that this type of terminology was used in commissioning but agreed that it felt at odds with the work of the third sector.

Members discussed the section on unpaid carers and Gail advised that a Carers Group were working on this. Gillian noted that a significant number of unpaid carers probably did not identify themselves as such, and that a campaign to raise the profile of unpaid carers was planned to help raise awareness and highlight available support.

3. Distress Brief Intervention

Clare advised that the Blide Trust would take the lead on this two-year pilot project, training for which would start in October 2021. Police and ambulance staff would be trained to provide Distress Brief Intervention (DBI) Level 1 for individuals who presented with distress and mental health difficulties but who did not require medical attention. Individuals who agreed to take part in the project would be contacted within 24 hours by Penumbra (service based in Aberdeen) who would provide further information and, with permission, would then pass contact details to the Blide Trust. The Blide Trust would then provide DBI Level 2 support – a 14-day intervention to help identify strategies to reduce distress and improve mental health and put links in place with other organisations for the provision of longer-term support. Clare advised that the hope was for other organisations to be trained in DBI Level 1 and highlighted the importance including the isles in planning the service from the start. Nicola noted that she had seen the DBI method work successfully in other areas of Scotland.

5 The Orkney Partnership: Revision of Priorities

Gail reported that following consultation and review, the Orkney Partnership groups had been revised to:

- Sustainable Recovery
- Community Wellbeing
- Communication (including digital communication and transport)

Gail advised that she was the Chair of the Community Wellbeing Group. The previous Orkney Partnership Groups had been disbanded, but outstanding actions would be passed to the new groups.

Gail noted that several sub-groups would sit under the three main groups, including the Economic steering group and Climate Change steering group which would sit under the Sustainable Recovery group, and the Child Poverty steering group which would sit under Community Wellbeing. Gail advised that the new Programme Manager of Aspire Orkney, Luke Fraser, would attend the third sector renew and recovery group to give an overview of their work – members should contact Gail if they wished to attend.

Gail asked members to let her know what they thought Community Planning should focus on and to contact her with ideas from organisations and/or service users.

6 Getting it Right Strategic Group: Children's Mental Health Group request for third sector representatives

Gail noted that the Strategic Group had decided to delay setting up a Children's Mental Health Group until the Child and Adolescent Mental Health (CAMHS) survey had been completed. She noted that a CAMHS group had already been established and that positive developments had been made.

Gail thanked members for submitting comments following the GIRFEC training day and noted that guidance on chronologies was being finalised. The next meeting would focus on the Child's Plan and members should provide suggestions or comments to Gail. She noted the aspiration for the third sector to be fully involved, if not leading where appropriate, in Child Plans. Tamsin noted that it would be worth mentioning that the review of the CAMHS service (currently in progress) identified that the CAMHS team were unable to contribute to the GIRFEC process in a systematic way due to capacity issues.

Gail advised that verbal feedback from the recent inspection of Children's Services had been provided to partners. Gail shared an email from Jim Lyon which stated that the Draft Report was expected towards the end of July and feedback sessions would be held to share the findings. Jim noted in the email that the verbal feedback did not include major surprises and appeared to acknowledge the hard work carried out and the further work and improvement still needed. Jim thanked email recipients for the efforts made and highlighted the importance of working in partnership and having strong professional foundations in our own service areas of expertise. Gail noted that it was important for the third sector to be present at the feedback sessions.

8 Partner updates

Young People's Website Partnership – Ros advised that this had been set up in response to the Improvement Plan and would be a joint piece of work between VAO, OIC and OHAC. A dedicated website for children and young people would be created with information on resources and services. The aim was for the website to go live in September 2021 and Ros would be in touch with organisations for content information.

RS Orkney – Tamsin noted that RS Orkney had recently held their AGM and published their Annual Report which was available on the new RS Orkney [website](#). She advised that a funding application for a new Substance Misuse Support & Outreach Worker had been successful, and the post would be advertised shortly. She noted that Action for Children had also been awarded funding for two support workers from the same fund. Gail noted that there was surprise regarding the Action for Children posts as there had been no consultation regarding how this would fit with other services.

Orkney Blide Trust – Clare noted that the Blide Trust would be hosting weekend services again, including lunch on Sundays. She advised that the Haven Café (in the Blide Trust building) was open for members and friends of the Blide (anyone who understands the nature of the Trust). She advised that the Blide would resume outside catering services in a Covid-safe manner. She noted that the Blide provided free

counselling to anyone in Orkney and that the waiting list was 2 months. The Trust was looking to establish support for 16-25 year old care experienced people.

Red Cross – Sam advised that the Red Cross had applied for funding for an eco-accessible minibus and that if successful they would recruit a paid driver. The existing minibus was driven by volunteers or Sam. Sam noted that the Red Cross had received funding for a festive feast for 50 people before Christmas and asked members to let her know if they had any recommendations for a venue.

Age Concern – Gillian advised that the Dementia Steering Group had identified two areas to take forward: the diagnosis model and timely access to post-diagnosis support. She advised that the Age Concern office remained open although given the rise in Covid cases the care services had been suspended due to risk of covid and the need to self-isolate affecting staffing levels. She noted that this was very challenging as people rely on the service. The hub opening had been delayed until September due to rising case levels.

ORSAS – Zelda noted that ORSAS sit on the Public Protection Committee and Child Exploitation sub-group. The Child Exploitation sub-group provided 3-hour online training similar to Step 2 child protection training and opportunities should be circulated soon. Zelda advised that the NSPCC's Pants campaign would be rolled out in Orkney and that some schools were already using it. The campaign was designed to raise awareness in younger children and help parents have discussions with them. ORSAS had reopened the equality hub from 12.00-3.00 on weekdays. Zelda noted that they were facing difficulties in recruiting new staff members and highlighted that housing shortages in Orkney may be a contributing factor. She advised that ORSAS awaited the outcome of a large funding bid which would secure services for the next two years.

Scottish Autism – Marie noted that Scottish Autism had received Scottish Government funding for an advice line and a 'click and connect' online service. She highlighted the post diagnosis support that Scottish Autism provide.

Sanday Development Trust – Kieron noted that the recent Covid cases on Sanday had forced some services to be put on hold and that the main community hub remained closed for drop-in services. He discussed the new planned housing project on the island and noted that they were working with the Hope Co-housing project to take this forward. He discussed issues with scams, with elderly residents particularly concerned. Gillian suggested that sessions from the Orkney Scam Action Group could be arranged for Sanday. Kieron advised that the Development Trust would be working to help provide Covid testing kits and that the well-being coordinator had recently arranged a successful visit from the podiatrist.

Cruse Bereavement Care – Nicola noted that support continued to be provided by telephone or online and that face-to-face services hoped to resume soon. She advised that Cruse were looking for new support workers in Orkney. She discussed some of the services provided by Cruse, including bereavement education for groups, a text based support service (popular with younger folk), and the main helpline which was now free-phone. She advised members that a national website existed to signpost people to services which offered support for bereavement - <https://www.ataloss.org/> - and encouraged members to contact them if they wished to include information about their service. Nicola noted that the [Bereavement Charter](#) had been produced (delayed from last year) and that the document was very useful and provided guidance to

organisations on dealing with bereavement. She noted that Cruse had received fewer referrals during lockdown but had held more sessions than the previous year.

VAO Tech Peer Mentor – Pete advised that the tech lending library would be held from 10-12.30 on Wednesdays in the lobby of the Kirkwall Library and Archive from Wednesday 21 July. Pete noted that he attended a recent meeting of the Digital Participation and Tech Group. He advised that a survey had been circulated to organisations regarding digital champions and that the hope was to increase the number of digital champions in Orkney – initially this would focus on OHAL Housing Officers and then expand.

VAO Community Engagement – Rebecca advised that more community engagement activities were planned to follow the Your Community, Your Voice report. Ways to join up with other engagement events were being investigated to avoid consultation fatigue.

Participation and Communities Team, Scottish Parliament – Ewan explained the role of the Participation and Communities Team and advised that new parliamentary committees were in the process of being formed. He informed members of a [digital consultation](#) asking people to share their priorities for what the Parliament should focus on, with people being able to share their own ideas or vote on others.

9 AOCB

None

10 Date of next meeting

17 September 2021